

March 2017

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VOL. 11, ISSUE 3

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Ed Delosreyes

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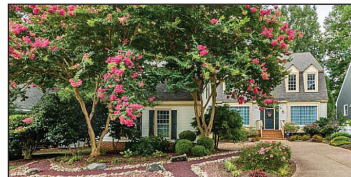
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Many of us have recently watched the college football playoffs, NFL playoffs and the Super Bowl. Hockey, basketball, baseball and other sports we watch on television allow us to reflect on the sporting highlights of our youth and our unfounded dreams of making it big one day.



Meredith Collins, Publisher

Now this. An issue practically dripping with perspiration and inspiration from a collection of your neighbors bowling, shooting hoops, playing kickball, golf, soccer, tennis, pickleball (yes, pickleball!) and more.

Hopefully you can sit still long enough to make it through these terrific stories; then get up, get out, and move, play, cheer, coach or whatever else you can do to get moving and get in the game. Walk your dog, ride your bike, chase your grandchildren around the yard - whatever it takes. The point is we can all enjoy the benefits of sports and recreation. So, go on, get your game on! NDN

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# CHANGING THE EXPERIENCE OF BOWLING

By Christopher LaPointe

“We’re trying to get rid of that stigma. You know there was that stigma of the bowling alley for many years that it was a smoky place with carpet covered walls,” Ed Delosreyes says. He knows what people think about bowling alleys and bowlers because he used to be someone who thought that way. But that was before he took over managing the AMF Williamsburg Lanes in April 2014.

Ed had never really bowled before he took

over the bowling center. He is a retired Coast Guard Boatswain’s Mate. After serving on several boats, moving up to being an instructor and retiring out of Yorktown, Ed was looking at the next chapter in his life. “I used to joke when I came to the bowling alley that I had to figure out what I was going to do when I grew up, even after 22 years in the service.” His military training set him up to take on a leadership role. He found one as the manager of the

bowling center.

Ed followed in his father’s footsteps by joining the Coast Guard. His father worked as a chef in the Coast Guard for 23 years. His family moved back and forth between Hawaii and Florida several times before Ed reached high school. While in high school, Ed’s mother would mention, on what seemed like a monthly basis, that he should consider joining the service. His father made it clear it was Ed’s de-

cision to make, and in the end he decided he would join the Coast Guard. It was a decision that Ed felt comfortable with as he stayed in for more than two decades.

His perception of bowling alleys and bowlers changed once he took over the AMF Williamsburg Lanes. It was easy for Ed to think the way that so many do: bowling is only for that hardcore group that carries 200-plus averages. Most people see the wrist protector and the shirt and they can tell that this person is serious about bowling.

That is not always the case, he explains. "I think it's just like any other sport. If somebody wants to play basketball with a local league and they're not any good, they're probably going to shy away from it. I think bowling is no different."

What Ed learned was that bowling is for everyone. When people come into the center to watch their friends or their children, Ed always asks if they are sure they don't want to join in on the fun. "Within about the third or fourth frame, they come back and get shoes." He notes that it is rare to see a group come in with spectators that stay spectators the whole night. "The funny thing is that once you get them in here, once you get the shoes on them and the ball in their hands, once they bowl that first ball, they realize how much fun it is."

The mainstay of most bowling alleys is the league play. Williamsburg Lanes is no different. Leagues are at the center every day of the week. There are frequently multiple leagues in the alley on any given night. One exception is Monday night when the center can only accommodate the Friendly Indians league.

William & Mary employees started this league 39 years ago as a way to unwind from their day. Today, it nearly fills the entire alley. This season, which started in the fall, the league takes up 36 of the bowling center's 40 lanes. In the past, the league has used the entire house with up to 20 people on a waiting list to get in. The league name comes from the W&M mascot: the Tribe. Ed can attest to the veracity of the first word in the name.

"It's really a friendly league. If you were to come in on Monday nights and hang out with

the people, even if you didn't bowl with them, you'd find that it's a very cordial and fun group."

In fact, the Friendly Indians won Ed over. This season is his first as a member in the league. While most employees of the bowling center do bowl in at least one league, Ed was anxious to join the Friendly Indians because of the atmosphere they create on Monday nights. Sometimes, the off-the-clock employees are distracted by the other bowlers coming to them to ask for help with the computer or to point out a malfunction with the lane. The Friendly

up there and everything's ready for them to start bowling. It worked out perfect."

The center has had leagues from NASA and from Camp Peary. Ed is even talking with some of the local banks about getting a league together. Apparently, the banter is already playfully heated between two banks in particular. Whether it is competitive or for the fun of it, or both, Ed is excited to see all bowlers when they step through the doors.

Ed sees the future in growing the kids' leagues. He recognizes the youth leagues as

"The funny thing is that once you get them in here, once you get the shoes on them and the ball in their hands, once they bowl that first ball, they realize how much fun it is."

~Ed Delosreyes

Indians usually leave Ed to concentrate on his game and go to the front desk whenever they need something.

The Friendly Indians League is just one of the many that call Williamsburg Lanes their home. Since Ed's been at the helm, Williamsburg Lanes has been pushing hard to bring in new bowlers for league play, club play, or just a night out. He will work with any group. Whether they want to play for money or for fun, whether they only have a dozen people or they have 160, whether they only have eight weeks or they have 36 weeks, Ed is confident that he can work with them to get them what they want.

Ed recalls working with college students to set up a league that they did not even know they wanted. He explains, "Last season, we had William and Mary in pretty good force on Thursday nights for our College Night. We were able to convince them to come in and bowl a short eight week league, which is great for them and great for us. They came in regularly. I just started talking dollars and cents with them. I explained that if they're going to play X number of games, even on Two Dollar Tuesdays, or they're going to pay their seven dollars to bowl unlimited on Thursday night; why don't they pay eight dollars, and they would have reserved lanes, organized bowling, scores that are already

being something special, something that little league baseball, football and rec league soccer do not offer.

One of the bigger pulls that we try to tell our youth is that this is the only sport that I know of that you can start putting money away; you can put it into a smart account. It allows you to put into a scholarship fund for use in college, trade school, or technical school later on. Even at five and six years old, you can put money into your own college fund. I don't know of any other sport that lets you do that at such a young age."

Ed is careful to note that the bowling alley is not just for those league bowlers, though anyone can be in a league. "It's about family fun," he says. There are so many distractions these days. There are so many things to do in the Williamsburg area, but Ed Delosreyes wants people to know that this is good, wholesome, family bonding time.

"Nobody sits [on] the bench when they bowl." When we go to the theater, we enjoy what we see passively. We don't interact with anyone around us. When we go bowling, we cheer and we coach. We may even taunt or tease from time to time. But this activity gets us out and moving around, interacting with our loved ones. What more could we want from family fun time? [NDN](#)

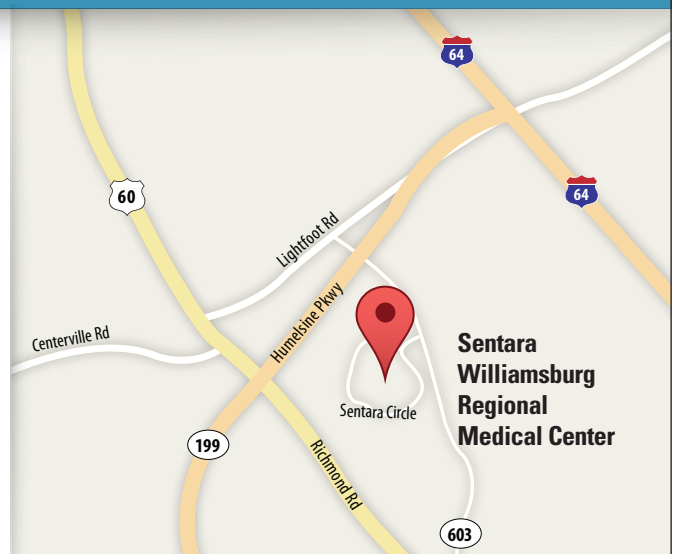


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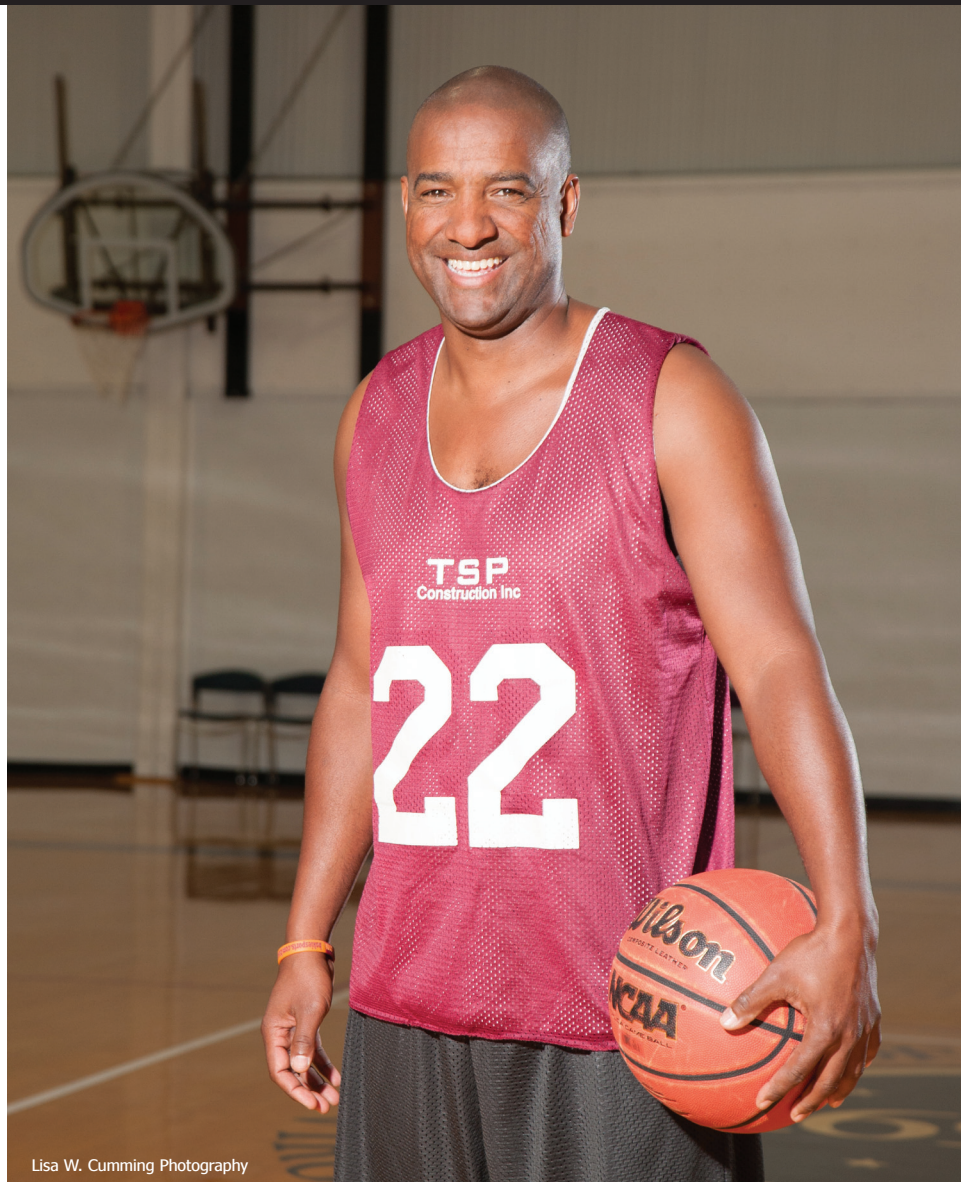
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# Hoops for fun!

By Linda Landreth Phelps

Trash talk, a tradition as old as competitive sports, is designed to psych out your opponent. However, Ted Polk's Quarterpath Recreation Center's adult league basketball teammates don't hesitate to use it on each other. For guys who've been playing together for years like Ted, Jamie Pelozek and Woods Woolwine, nothing says camaraderie quite like a friendly insult. "We talk smack all the time. Steve Motley, my own teammate, even blocked my shot once when we were ahead. It's all in fun," Ted says with a laugh. "I wouldn't want to play if it wasn't. Nobody's paying us to do this."

The fun has been constant, win or lose, since 1997, when Ted, Jamie, and their friend



Lisa W. Cumming Photography

Greg Arnold formed the core triumvirate of a winning recreational basketball team, TSP Construction, that's racked up its share of tall trophies. "I started sponsoring the team once I went into business for myself," Ted says. "We won the championship several times and have

usually been contenders. I think we almost broke a hundred points once, which is a lot of scoring in just two 16-minute periods of play."

The lowest score Ted remembers is in the 30s. "We were having a bad night, and the other team was tall. I've always been the short-

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est on my team. We've had some pretty big guys, though. One of our current players goes about 6'6" and 300 pounds."

Over the years, Ted has made up for lack of height with extra hustle to stay off of the bench. In Ted's senior year at Eastern Mennonite High School, he tried out for basketball and made the team.

"I'd never played organized ball before then and wasn't very good," he remembers. "Then I went to Virginia Tech, where there wasn't much to do in the winter except intramural basketball, so I played every single day. As freshmen, our team was terrible, but by junior and senior years we were in the top three."

A shaving products company sponsors an important college tournament, Schick Super Hoops, and one memorable year Ted's team made it all the way to the nationals. "For another tournament, my whole team, all ten guys, stayed at my house for the weekend while we competed in Norfolk. That was cool!"

Ted has lived in Williamsburg almost all of his 48 years. He was just a baby when his

parents, Arnold and Gerri Polk, decided to move from Arizona to Virginia after his father got out of the Air Force. They then moved to Gulfport, Mississippi when Ted was in elementary school. "My parents were Mennonite missionaries, and they were helping to start a church there," Ted says. "I know, I know," he says with a laugh, "I'm the world's most minority person, a Black Mennonite. Dad was a builder and had helped with the addition for our own Williamsburg Mennonite Church, as well as the Williamsburg Christian Retreat Center in Toano."

When the Polk family returned from Mississippi after 18 months, they settled down in Rolling Woods, but everyone knew it wasn't permanent. "I'm the oldest of three, and my parents used to joke that when the last of us graduated, they were moving away and not leaving a forwarding address, and that's just about how it happened," he says with a smile.

After earning his degree at Virginia Tech, Ted left for Las Vegas, where he worked in commercial construction for the son of Hall of Fame college coach Jerry Tarkanian. "Ev-

erywhere I went, a basketball went with me," Ted remembers. The same month Ted left for Las Vegas, the senior Polks and their young daughter headed to Ghana. "We couldn't have moved farther apart if we'd tried, and I didn't know where they lived for months!"

After five years, Ted left the desert behind. "I didn't think Vegas was the best place for kids to grow up, so I came home," he says. Soon after he and his family arrived in Williamsburg, Ted began his own business and became a single dad. TSP Construction is named after his sons, Teddy, 20, who's a junior at Virginia Tech, and Spencer, 16, a high school junior.

One of the first things Ted did after he received his contractor's license was to buy acreage on Richmond Road and design and build a house featuring 7,400 square feet in which to spread out in style. The finished basement features a display of Ted's collection of trophies and a fully equipped gym to keep himself in shape for basketball, golf, softball and his other major sports, plus a large TV viewing room. There's a reason he built such

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a capacious home. "As a single dad, I wanted my boys to grow up in a home where they and their friends could hang out and have fun," he states. "Because I did it myself, I could afford to make it big."

His plan worked well. The expansive yard is equipped with stadium-quality lights, and has been the site of countless football games, cookouts, and gatherings of kids from the Williamsburg Community Chapel youth groups, led by Ted and others. "We've had block parties with a couple of hundred people at once," Ted says. The sloping back yard makes the perfect place for throwing down a plastic runner to create a waterslide in summer or to make a snowy tube run which snakes through the woods. He also built a home for his parents when they returned from Africa, so Ted's boys had grandparents living right next door for much of their young lives.

"My folks just recently sold their house and went back to Ghana for another extended mission trip," Ted says. He leans in with a grin, showing his well-developed sense of fun. "I really like the couple who bought it," he

says.

"I'm planning to sell some day soon," he says on a more serious note. "With Mom and Dad gone and the boys growing up and leaving home, it's just too big. I'm getting ready to pass this house along to somebody else who will get a blessing from it."

As the years go by, change is inevitable. Families grow and lives get busier, so the team roster now includes twelve men, so that Ted can find enough players available on any given night. "I can't believe it's been 20 years, and I'm the old man of the league!" he says.

Ted is adjusting his tactics as he ages.

"I drive less, and have made the three-pointer my specialty. My strategy is to stay on the outside and try to sink them from there. I'm just trying not to get hurt." Ted Polk chuckles, "I used to say I wanted to play just long enough so that when my boys got old enough to challenge me, I could still beat them. Not just talk trash, but be able to back it up. But now I see no reason to quit; it keeps me in shape and it's still fun. I plan to play until I drop!" NDN

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# Pickleball, Anyone?

By Lillian Stevens

Since moving to Williamsburg about a year and a half ago, Beverly, “Bev”, Thomas has fallen in love with the town and with her neighborhood. She has also developed a fondness for a sport with a funny name: pickleball. The game, a hybrid of racquet and paddle sports, can be played slow and mellow, fast and furious, or somewhere in between.

Bev shares her passion for pickleball with about 65 residents in and around Ford’s Colony.

“Over the years, I always loved playing tennis,” she says. “And I’ve always loved being



Lisa W. Cumming Photography

outdoors. So, when we first moved to Ford’s Colony, I visited the Swim & Tennis Club to check things out. While I was there, I happened to trip over some people who were playing pickleball.”

She has been playing ever since. In fact, Bev

is the leader of the neighborhood’s Pickleball Club.

According to the website [www.pickleball.com](http://www.pickleball.com), pickleball came into being in 1965 on Bainbridge Island, which is located just a short ferry ride from Seattle, Washington. As the



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story goes, three prominent politicians returned home from playing golf one day to find their children bored and restless, so the men set out to create a game that would keep the youngsters busy during the lazy days of summer. The children were provided table tennis paddles and a wiffle ball, and the adults lowered the net on a badminton court to facilitate play. Thus, a game was launched that has since spread all over the world.

Pickleball arrived in Williamsburg about eight years ago (in 2008) at Colonial Heritage. There was also a tennis court offered by a hotel in the Kingsmill area for players of this fun game. In 2010, however, when the hotel decided to renovate the tennis courts and add a basketball court, pickleball had to find another home.

By 2014, James City County's Department of Parks and Recreation dedicated two pickleball courts and two additional dual tennis/pickleball courts at Mid County Park. In fall 2015, pickleball players at Ford's Colony formed a pickleball club, one of dozens of recognized clubs offered in the expansive neighborhood.

"This all happens primarily through our Newcomers Club," Bev explains. "At Newcomers, they highlight all of the different clubs so residents know what is available."

With approximately 60 clubs from which to choose, there are many opportunities for residents and guests to find their niche. "There's a Bridge Club, a Theatre Club, Computer Club, Garden Club, even a Trail Blazers Club where we hike, which is something else I love to do." Each sport has a club and a team leader. As team leader for pickleball, Bev represents the sport at monthly meetings of the Activity Committee. "We get a lot of people who are interested because it sounds like a lot of fun," she says. "And it is, actually."

Pickleball is traditionally played on a badminton-sized court with special paddles, incorporating a ball similar to a wiffle ball, but slightly smaller. Though the game can be enjoyed by players of all ages, it's been especially popular with the Baby Boomer generation. The sport is easier on knees, elbows and shoulders than tennis, so it also tends to attract a lot of former tennis players. Most people play doubles, so they can hit most balls within one or two steps.

Still, it can be a pretty fast game. When playing with equally skilled players, players will enjoy good competition and lots of fun. Of course, matching up the players is one of Bev's roles.

"I coordinate who plays with whom," she says. "I send a 'who wants to play tomorrow?' email around, and folks who want to play 'reply all' so we know how many people are coming."

Bright and early the following morning, play begins with four players who rotate, round robin style. That way people don't always play with the same folks. "We have some players who have really come along, and they play very competitively," Bev says. "Others are just learning."

She makes every effort to pair the really good players with others at a similar skill level for at least one or two games. "That way they don't get bored," she says. "But we try to mix it and match it."

At Ford's Colony, the sport is played outside, with the pickleball court scheduled six days a week. "There are places you can play inside, but it's not anywhere near as much fun. Besides, most people like to get out in the fresh air."



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# Spring is Around the Corner and Full of Fun Things to Do!

## Williamsburg Spring Arts March 13 thru May 31

**Anyone** who has lived in Greater Williamsburg for at least a year knows that spring is a very beautiful time of the year. The weather is temperate, the grass is green, the flowers are in bloom and the season is packed with a lot of wonderful amazing spring art experiences!

### Fine Arts/Museums and Galleries

Be sure to see Botticelli and the Search for the Divine: Florentine Painting between the Medici and the Bonfires of the Vanities! This is the largest and most important exhibition of one of the most beloved artists in history and the Italian Renaissance. The Muscarelle Museum of Art at the College of William and Mary is one of two places in the world to have this exhibition. The Abby Aldrich Rockefeller Folk Art Museum at Colonial Williamsburg kicks off their 60th Anniversary with a special exhibition, *We the People: American Folk Portraits* starting on May 6th.

### Music and Performing Arts

If you love music and the performing arts, then we have a fantastic lineup for you too! The Opera in Williamsburg presents Mozart's 1786 comic masterpiece: *The Marriage of Figaro* on April 21 and 23 at the Kimball Theatre. For more amazing spring music the Williamsburg Symphony Orchestra presents, *Fireworks Finale*, music by Falla, Korngold and Tchaikovsky, at Phi Beta Kappa Hall at the College of William and Mary on May 20th.

### Art and Garden Shows

The 54th Annual *Art on the Square*, a juried art show is presented by the Junior Women's Club of Williamsburg and features more than 100 artists and fine craftsmen, is in Merchants Square on April 30th. In Yorktown, *Art at the River* features more than 100 juried artists, live music and food vendors creating a perfect day of art on the York River at Riverwalk Landing on May 7th. And for your garden lovers, *Historic Garden Week* in Virginia's 85th Annual Homes and Gardens Tour of Williamsburg features 9 private homes plus gardens in College Terrace and Colonial Williamsburg on April 25th. A new art and garden entry for 2017 is the May 4th - 6th Triangle Arts & Culture League presents art & garden - A celebration of landscape design, garden art, and garden trends includes an exhibition of 50 tablescapes, talks and demonstrations by experts including Andrea Wulf, and a tour of 12 private gardens and kitchens in Williamsburg and Historic Yorktown. Get creative on April 22nd at the *Annual New Town Chalk Art Festival* led by nationally renowned Chalk Art Professional, Holland Winslow. Whether you are a professional or amateur, join in the fun and have a great time. Finally on March 12th, April 9th and May 14th *Second Sunday Art Show* by Culture-Fix features more than 100 artists and craftsmen, plus four music stages on Prince George Street in Merchants Square, Williamsburg.



**Karen Riordan**  
President and CEO  
Greater Williamsburg  
Chamber & Tourism Alliance



See Botticelli thru April 5!

### Additional Events:

**March 29 & 30th:** The Williamsburg Symphony Orchestra's 33rd season continues with its third Masterworks concert, Piano Virtuoso, Alessio Bax at the Kimball Theatre. Works by Ravel and Clementi as well as Beethoven. Music Director Jana Hymes conducts.

**April 1 - May 31st:** Celebrate Spring with beautiful handmade quilts by local quilters for the Quilt Exhibit at the Gallery at York Hall in Historic Yorktown.

**April 25 - 26th:** The Williamsburg Symphony Orchestra presents Hidden Gem Masterworks Concert with works by Verdi, Mozart and Nielsen at the Kimball Theatre.

**April 29th:** The Williamsburg Symphony Orchestra presents the Carnival of the Animals a concert for the whole family with dancers from the Virginia Regional Ballet, painter Bob Oller and narrator Elisabeth Reiss at the Williamsburg Community Chapel.

**May 6th, Noon - 6:00:** 4th Annual Blues, Brews & BBQ returns to Riverwalk Landing in Historic Yorktown. Micro Brews and the region's best BBQ (for purchase) and top blues bands presented by Village Events.

**May 7th, 12:30pm - 4pm:** The Muscarelle Museum of Art invites you to the 2nd annual Bluegrass, Beer and Barbeque in the 'Burg. Five kinds of BBQ, over twenty-five sauces and Virginia Beer Company craft beer with contemporary Bluegrass music by Drymill Road.

**May 26th:** Opening date for the Busch Gardens Food & Wine Festival, every Friday, Saturday and Sunday through July 2nd. A tasty adventure awaits culinary explorers at Busch Gardens' Food & Wine Festival. Busch Gardens invites guests to unleash their inner foodie with a variety of dishes and wines not normally served at the park. Enjoy authentic tastes from around the world while strolling through the world's most beautiful theme park.

**For a complete list of Alliance events, please visit [WilliamsburgSpringArts.com](http://WilliamsburgSpringArts.com)**





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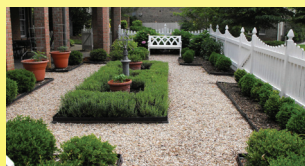
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When Bev started playing pickleball, there were 20-25 regular players in the club, and it was a challenge finding a place to play in Ford's Colony. "We eventually got two courts lined," she says. "Now there are 65 players and four pickleball courts where they have lined the inside of tennis courts."

To start, the serve must be hit underhand and the contact of the paddle to the ball must be below the waist. Each team must play their first shot after the ball bounces. After that then both teams can choose to move forward up to the non-volley line, known as the "kitchen," or stay back at the baseline. It is best to move up to the non-volley line as soon as possible and make sure your partner follows you. Partners should always move up or back and side to side together.

"You play to 11 points," Bev explains. "And you have to win by two points. A game can last anywhere from ten to 25 minutes. Players can only score points when they are serving. Generally, we start off easy but some players can hit this ball pretty hard and pretty fast. We were playing earlier today, and it was just above 50 degrees outside but everyone had taken their jackets off because they were sweating."

Pickleball is not only good exercise, it can be competitive too.

"The pickleball players over at Mid County Park tend to be more competitive than some of the players on our team," she says. "That being said, some of our team members play at Mid County Park too. They are very good players."

Competitive streaks aside, Bev says that for her the social part is the best part.

"Everyone is so comfortable with each other here," she says. "We have a really great group. We have held three picnics, one each in the spring and fall at Westbury Park. And last year, we hosted our first tournament which was well-attended and a great success."

Despite its trending toward the boomers, pickleball is a sport for all ages. "What happens is that when some of our players' kids or grandkids are in town, they will bring them over. One of the folks had her college kids home for the holidays and they came out and played."

Ironically, Bev didn't grow up playing sports; rather, she grew up wanting to play sports.

"I was always 'just okay' at sports, so I never made teams," she says. "I played sports because I liked to play."

Years later, Bev had two daughters who were athletically inclined, and that presented a great opportunity. "I coached them! They played basketball, field hockey and soccer. So that's how I kept busy."

Since moving to Williamsburg, Bev has found that there is so much going on within Ford's Colony that she doesn't really need to leave the neighborhood in order to stay active. She plays pickleball four days a week, and tennis on the fifth day. Though she is officially retired, Bev continues to work part-time from home. Having spent 40 years working in the navy supply logistics field, Bev has translated that career into a part-time assignment. "I still work in navy supply logistics, but for a private contractor."

In addition to her part-time work, regular pickleball games and tennis, Bev Thomas enjoys hiking and taking long weekend walks with her husband. "If I'm outdoors, I'm happy," she says. NDN



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# Pass, Set, Spike!



Lisa W. Cumming Photography

By Alison Johnson

Until age 12, Moonah Jango Holman lived in a place where few girls played sports. She didn't begin playing her first team sport, field hockey, until she was a freshman in high school, several years after her family had moved from Baghdad, Iraq, to Newport News.

Moonah tried volleyball for the first time during her senior year at Christopher Newport College, now Christopher Newport Uni-

versity (CNU). She liked it so much that she began competing in several local leagues after graduation. About 25 years ago, she joined the City of Williamsburg's Adult Volleyball League at Quarterpath Recreation Center,

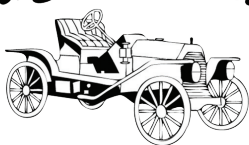
where she now captains a women's team called Crazy Beaches.

Community sports have brought many benefits to Moonah's life, including exercise, laughter, stress relief, self-confidence, close friendships

and even a life partner. She met her husband, Mark, at a Super Bowl party hosted by mutual volleyball friends. They married in 2015, have played together on co-ed teams and attend all of CNU's home volleyball games.

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"Volleyball is a great way to work out and see your friends every week, no matter how busy everyone's life gets to be," Moonah says. "Anyone can play, no matter what level they are. I'm a very social person, and I have met so many friends through volleyball. Even if we don't win, it's still fun."

Moonah, who turns 50 this month, is quick to point out that she isn't the most talented athlete on Crazy Beaches. In fact, her roster of about ten players includes former high school and college volleyball standouts, from programs such as CNU, James Madison and Virginia Wesleyan, as well as coaches at local high schools. "I have so many amazing women who play with me," she emphasizes.

At 5'4", Moonah also doesn't fit the tall height mold of many top volleyball players. She makes up for gaps in skills and inches with passion and energy. As team captain, her job includes putting together a roster, collecting money and setting lineups based on which of her players can come to games.

All of it is happy work for Moonah, who had little exposure to the joys of athletics in

her early life. While some children played soccer in Baghdad, not very many girls were involved at the time. Boys and girls also were separated as students in elementary schools, where they went to classes six days a week.

Moonah and her four siblings grew up in an Assyrian Christian family, which made them minorities in a predominantly Muslim country. It also was a fragile time in Iraq's history. Tensions were rising with Iran, which would soon lead to war, and Saddam Hussein was close to taking power.

In 1978, Moonah's parents opted to legally immigrate to America in hopes of creating a better, more stable life for their children. Since Iraqis didn't have the freedom to move at will, the family had to keep their plans a secret. Moonah's parents instructed her to tell friends that they were "taking a vacation" and would soon return home. She has never been back.

"My friends couldn't understand why I was crying about going on a vacation," Moonah recalls. "The freedoms we have in America, the power we have as citizens, should make us feel so lucky."

From Iraq, Moonah's family traveled to Jordan, Egypt and finally Newport News, where an uncle was living and working as a school guidance counselor and had filled out their immigration paperwork. Moonah, fluent in Arabic and Assyrian, could not speak English when she enrolled in the fifth grade at Epes Elementary School.

"That was a very difficult time, although I do think as a child you can adjust to big changes pretty well," she says. She learned English by studying with a dedicated reading teacher and watching American television shows. "I was able to make great strides my first year," she says.

Moonah's father, who had held a government job in Iraq, found work as a cook at Nick's Spaghetti & Steak House in Gloucester Point. He put in 10- to 12-hour days, six days a week, while Moonah's mother cared for their children at home. "My parents sacrificed everything for us to come here," Moonah notes. "They left everything behind when they were in their 40s. They are heroes to me."

In Newport News, Moonah had a cousin

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who was a year ahead of her in school and encouraged her to sign up for an extracurricular activity at Denbigh High School. "She was a cheerleader, and she told me I would be so bored if I didn't do something," Moonah remembers. "I had no idea what. I'm not really sure why, but she suggested field hockey."

Although Moonah was a total beginner as a freshman, she became one of the top field hockey players in the Peninsula District over the next four years and ultimately was voted Most Athletic in her class. "I loved the team atmosphere," she says. "Your teammates get to feel like sisters. That's true with volleyball, too. You know people's families, spend time with their kids. I love that."

At Christopher Newport, Moonah signed up for a volleyball class with friends during her final semester, as she completed a degree in accounting. Hooked, she kept playing after her 1990 graduation, joining summer and winter leagues at the Riverside Wellness & Fitness Center in Newport News, YMCAs in Hampton and Newport YMCAs, and local beaches.

The Quarterpath-based program was her favorite. The Williamsburg Parks & Recreation Department offers fall, spring and summer sand volleyball leagues, with men's, women's, coed, doubles, mixed doubles, sixes and quads teams. The city has options for people of all skill levels, from beginning novice to experienced advanced players.

The Crazy Beaches, an advanced team, won its league this past fall. The team plays Thursday nights, which doesn't conflict with Moonah's accounting job at C.A. Barrs Contractor, a Yorktown-based sitework construction and development company.

"We have players from all types of backgrounds," Moonah says. "Many people have full-time careers. Five of my players are mothers with young children."

Moonah's husband, Mark, is a pediatrician in Hampton and father to two adult sons. Mark played on the pro beach volleyball circuit for two years in the mid-1980s and has been Moonah's teammate on both indoor and outdoor teams. "We have many things in common, but one of the biggest things is our

love of volleyball," Moonah says.

Mark and Moonah are such big fans of the CNU women's team that they sometimes attend away games in addition to home contests. They also go to high school competitions to cheer on friends who are coaches.

"It's fun to see the energy that these young volleyball players provide," Moonah says. "It's great entertainment." Volleyball, she adds, has grown more popular with young athletes: "We've enjoyed seeing it grow."

Outside of work and volleyball, Moonah enjoys running, working in her yard and spending time with family and friends. While her father has passed away, her mother still lives in Newport News, as do her younger twin brothers. Her older brother lives in Yorktown, and her older sister is in Virginia Beach.

As another spring volleyball season gets ready to start, Moonah Jango Holman encourages people of all athletic abilities and backgrounds to give the sport a try. "Anyone can pick it up at any age," she says. "Don't be intimidated. The atmosphere is always good – just come and see." NDN

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# A Lifetime of Golfing

By Brandy Centolanza

Joe Castiglia's introduction to golf was in 1958 during a visit to his Great Uncle Pete's house when he was 13 years old. "I saw a putter, and I started swinging it back and forth, not really knowing if I was doing it correctly," Joe remembers. "My uncle asked if I was interested in taking a few lessons, and I said yes. Like most golfers, I've had a love-hate relationship with the game ever since."

Uncle Pete enrolled Joe in private golf lessons at Knoll Country Club in Parsippany, New Jersey. Joe was later hired as a caddy with the country club.

"I did it for two summers," he says. "We made five dollars a bag for an eighteen-hole loop, so if we carried two bags a day, we made ten dollars. It was outstanding money. Being a caddy was also a really good way to learn the game. It was fantastic."

Joe comes from a line of professional athletes. His father, Dominic, played minor league baseball, while his uncle, Jim Castiglia, was both a pro baseball and pro football player in the 1940s.

"I can't hit a baseball, or throw a football, so I thought that through golf I could develop some degree of athleticism, since it's the only sport I am even remotely proficient at," Joe says. "Golf is probably the most challenging



Lisa W. Cumming Photography

athletic endeavor I can ever think of."

Improving his golf game, however, would take a backseat for a few years while Joe attended college and then served four years in the United States Air Force during the height of the Vietnam War.

"I didn't really start taking golf seriously

again until I was into early adulthood," Joe says. "I started taking more lessons and reading books about it. I still meet with professionals, take lessons and practice. I think it is always good to have someone take a look at your swing and see where you may be struggling."

After Joe was discharged from the Air Force,

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he started working as an insurance salesman in Northern Virginia. Joe and his wife, Lyn, whom he met while working in Washington, D.C., spent the next 40 years in the Fairfax area. Joe continued to play golf whenever time allowed, and occasionally his wife joined him on the golf course. The couple later started playing the game with friends on a weekly basis.

“We had a nine-hole group that we played with on Thursday evenings, The Twilighters,” he says. “It was a social group, and we would go to dinner. We also went on a few golfing trips.”

After Joe and his wife retired, the pair relocated to Ford’s Colony. “We had some good friends who lived here, and we had also bought a timeshare in Williamsburg,” he says. “We liked the community in Ford’s Colony. It just clicked. We moved in on August 29, 2013. It’s one of the best things we’ve ever done. It’s a great community.”

One of Joe’s favorite aspects of Ford’s Colony is, of course, the neighborhood’s three golf courses: Blackheath, Blue Heron, and Marsh Hawk.

“We live on the third hole of the Blue Heron course,” he says. “There are some breath-taking views. I like the golf courses in Ford’s Colony because the holes are close together so you can

walk. Marsh Hawk is my favorite course because it requires a lot of precision and good shots, and a lot of thinking. I just think golf is a very challenging, very enjoyable sport.”

Joe joined Ford’s Colony Country Club as soon as he moved in. He plays golf about three times a week. He’s very active with the Ford’s Colony’s Men’s Golf Association, whose members host tournaments on Mondays, Wednesdays and Fridays.

“The players are very serious about winning, which is good, but we also really have a lot of fun,” Joe says. “There’s friendly banter. If someone scores a 101, he’ll get his share of ribbing, but if someone scores a 75, he’ll also be gladly congratulated. Some people take it seriously and are always trying to get better while others realize it may be as good as it gets, but they keep playing anyway.”

“The association is one of the most congenial groups of people I’ve ever known. It’s amazing how everyone gets along and enjoys being together and playing together. It’s been a wonderful experience,” Joe says.

In addition to golfing with the Men’s Golf Association, Joe typically spends Saturdays playing with another smaller group of neighbors. He and his neighbors also meet monthly in warmer weather for golf outings at other

courses throughout the area. They like to play at Kiskiack Golf Club, The Tradition Golf Club at Stonehouse, Ventura Golf Club in New Kent, Williamsburg National Golf Club, and The Golden Horseshoe Golf Club in Colonial Williamsburg.

“I really like the Green Course at the Golden Horseshoe,” Joe says. “It’s just a wonderful course. I also like to play the River Course at Kingsmill, where they have the LPGA.”

For the past three years, Joe has been a marshal for the LPGA Kingsmill Championship tournament, held each May at the resort. He assists with noise and crowd control at the 16th hole.

“The experience is impossible to describe,” Joe says. “You get to see some of the finest athletes in the world, and you get to engage with some of the most wonderful people in the world. The LPGA is very much a fan-oriented organization. Golf fans are very polite. They know the protocol and what they should and should not do.”

His favorite LPGA player is Lexi Thompson. “She’s just delightful, the epitome of athleticism and grace,” he says. “I also like Jordan Spieth. He is an all-around good athlete.”

When he isn’t on a golf course, Joe can be found volunteering at Rawls Byrd Elementary

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School. He tutors fourth and fifth grade students in reading and spelling on Tuesdays.

"It's very interesting," he says. "It's been great fun. If you aren't there on a Tuesday, they'll ask about you and wonder where you've been. It's been one of the most rewarding experiences I've ever had. I hope to continue with it."

Joe has golfed at several courses throughout Virginia, including The Omni Homestead Resort in Hot Springs, as well as various courses throughout the country, including courses in Pennsylvania, Hawaii, Puerto Rico, as well as the famed Medinah Country Club in Illinois and the Atlanta Country Club in Georgia. He's also watched major golf tournaments at the Augusta National Golf Club in Georgia, as well as the Congressional Golf Course in Washington, D.C. and Pebble Beach in California.

"Pebble Beach is an awesome place to watch a tournament," Joe states. "The Augusta National and Masters Tournament was also an unbelievable event."

He hopes to someday actually play a round of golf at Pebble Beach and also at St. Andrews Golf Course in Scotland. His goal is to also lower his golf handicap, which currently stands at 19.

"My goal is always to get my handicap down," he says. "I'd like to get it to the low teens. I've come close. One of the best parts about golf is that you can play competitively up to a certain point with guys who have single digit handicaps. You can play golf with younger guys and hold your own or even beat them because the primary opponent when you are playing golf is the golf course."

Golf is also a sport that you can play no matter what your age, Joe points out. One of his neighbors, who is 90, plays golf every day.

"If you are looking to engage in a game for the rest of your life, you should give golf a try," Joe Castiglia says. NDN



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# JANE FARTHING

## Reaching for More

By Cathy Welch



Lisa W. Cumming Photography

Williamsburg resident Jane Farthing has been through a lot in her life: a lot of success, a lot of fun and some tragedy. But she seems to be always reaching for more.

Born and raised in Arlington, Virginia, Jane had three half-siblings and a younger brother and sister. Her mother ran an interior decorat-

ing business established by her father. The firm worked for the White House, Ted Kennedy and Jean Dixon [self-proclaimed psychic and astrologer]. "One of my mom's favorite stories was when Jean Dixon called and asked, 'When is my chair going to be ready?' Mom kidded she was close to saying, 'I don't know, you tell

me.'"

After high school, Jane attended Madison University, but did not do well. "I was one of those sheltered kids," she explains. "Now, I was finally footloose and fancy free." Jane learned to play social bridge between classes and sometimes skipped class to finish a game.

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She soon left school to return home and work as a long-distance operator for Bell Atlantic. “I wore a little black headset like Lily Tomlin’s character, Ernestine, back in 1972.”

She worked part-time while attending Northern Virginia Community College where she earned an Associate Degree in Business, graduating magna cum laude. She met her future husband, Jesse, who also worked for Bell Atlantic and was a William & Mary graduate. Jane and Jesse have now been married 39 years.

Jane began working in public relations and advertising at Bell Atlantic headquarters in Arlington. “I liked it so much I went back to school,” she says of earning her Bachelor of Science in Marketing with honors at Marymount University. She and Jesse had preschoolers at the time, Justin and Jessica. “My husband was such an incredible part of my career,” Jane explains. “People would want to know how I do it. I told them I only did 50 percent of it.”

Subsequently, Bell Atlantic evaluated improving their business processes, and Jane became a coach for their outside consultant while still working in public relations and advertising. Since she enjoyed her new work, Jane returned to Marymount earning her Master’s Degree in Organizational Effectiveness. She also earned her master’s certification in Total Quality Management (TQM).

“I started playing duplicate bridge very minimally and loved the game.” Eager to play, but limited in free time because of her work schedule, Jane was only able to play bridge on weekends. She would coordinate with her partners and arrange to meet them at Hunt Valley, Maryland to play every year in a weeklong tournament. “That’s the only time I really got to play,” she says.

Shortly thereafter, she left Bell Atlantic to work for Ernst & Young who sold their consulting business to Capgemini a few years later. “Before I knew it, I was leading the North American practice for organizational change management.”

Working for Paris-based Capgemini opened up a lot of travel opportunities for Jane. “Their training center was northeast of Paris,” she says. “That’s where all the global leaders met quarterly to share best practices, develop strategies and determine our focus.”

At the time, Jane only played bridge socially once a week in their hometown of Clifton, Virginia because of her extensive travel schedule. Her clients included American Express in New York, Warner Brothers and Mattel in California, Ford in Michigan and more.

Jane joined Price Waterhouse Cooper. “I worked in New York on Madison Avenue and stayed in a hotel Sunday through Thursday,” she explains. “I didn’t have to cook, clean, make my bed or fight over the remote. I was loving life.”

When Jesse’s employer, Verizon, relocated him to Basking Ridge, New Jersey, the couple sold their Clifton home and bought a condo in Chatham, New Jersey. She then had a 50-minute train commute into the city. “Instead of getting a nice hotel room at Time Square and walking a couple of blocks, I started schlepping myself on the train every day.”

Jesse and Jane had already bought their six-bedroom home in Governor’s Land earlier while still living in Clifton. They wanted the home to visit on weekends, celebrate holidays and have fun with their Virginia and North Carolina family who gathered in Williamsburg. They kept this home over the years because they would eventually retire there.

After about six weeks in their new condo, they lost their daughter, Jessica, in a car accident.

“She’s my angel. It’s been 10 1/2 years but she’s always with me right here,” Jane says, pointing to her half heart necklace. “The other half of this is with Jessica.”

Jane, Jesse and Justin pulled together and were there for each other. “We have such a community of family and friends that we managed to get through it,” she explains. Friends started a book scholarship at an alternative high school in Centerville, Virginia in memory of Jessica.

“Jessica, a George Mason University graduate with a degree in psychology, was the kind of person who brought all the strays home,” Jane says of people her daughter wanted to help. “We decided to make it a full-scholarship for a student at this alternative high school to get started in college.” The scholarship pays the recipient’s tuition to Northern Virginia Community College. “We stay in touch with those kids,” she says. “It is one of our blessings. It gives me goose bumps just talking about it.”

Jane retired in 2001. She dreamed of doing nothing but playing bridge. But just before retirement, her mother fell and broke her hip. “Mom lived with us the last three years of her life.”

After her mother passed away, Jane joined the Peninsula Bridge Group, Unit 110 of The American Contract Bridge League (ACBL). She plays four days a week at Queens Lake, The Landing, Kingsmill, Ford’s Colony and

Governor’s Land. The Peninsula Bridge Group incorporates Newport News, Hampton, Yorktown and players north of the York River. The majority of their players live in Williamsburg and the surrounding area.

Duplicate bridge is often played in one-day session club games for which participants earn black points. On weekends, players earn red, silver and gold points in sectional tournaments. Over the years before her retirement, Jane earned more color points than black points, which is unusual for a duplicate bridge enthusiast. “The director, whose games I play in most frequently, said to me one day. ‘Do you know you have more color points than black points?’ That’s not surprising because I never had time to play except on the weekends.”

Five years ago, ACBL became the original sponsor for “The Longest Day,” Alzheimer’s Association Fundraiser. Jane’s mother had been diagnosed with dementia of the Alzheimer’s type as well as Jane’s father-in-law. “I decided this fundraiser sounded fun and signed up to do a tournament.”

Unit 110 coordinated with Ford’s Colony to raise funds. Players donated to The Alzheimer’s Association in lieu of paying fees to play. In 2015 they collected over \$5,000. This past year the unit collected over \$8,000 of which Williamsburg was responsible for \$5,000. “The Williamsburg area was number 33 in the country for fundraising,” she adds.

Jane is still passionate about playing bridge. “Every hand is different and challenging. You might have a bad round, called a bottom board, but the very next one can be a top board. That is why we keep going back for more.”

The ACBL has a “Zero Tolerance” policy encouraging players to be pleasant and gracious. “The game doesn’t have to be unfriendly to be competitive,” she says. “We rarely see unpleasant behavior in our Williamsburg games. One of the wonderful things about bridge is that I have met so many people here that I never would have met if I had retired and not found something that I love to do,” Jane explains. “People like Bernie Moritz who is 99-years-old and has been playing for a long time.”

In duplicate bridge, there are levels of recognition players seek. Some people are Silver, Ruby, Sapphire, Gold and Platinum Life Masters. “My goal this year is to achieve Life Master,” Jane Farthing says. “There is always the next brass ring to grab!” NDN

*For more information on bridge tournaments, contact Jane at [jane.farthing@gmail.com](mailto:jane.farthing@gmail.com)*

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*Greg Lilly*

Publisher



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# KAREN JOHNSON



Lisa W. Cumming Photography

# Tennis Anyone?

By Erin Fryer

Karen Johnson has been playing tennis for most of her life, but she never would have gotten her start without the influence of her mother.

Karen is the girls' tennis coach at Jamestown High School, and she's also the director of the Williamsburg Charity Tennis Classic.

Though she started playing tennis at a young age, Karen never imagined that she would be following in her mother's coaching footsteps.

The daughter of an Army dad and an Italian mom, Karen was born in Italy. As it typically goes in the military, Karen and her family moved around a lot. When her mother began

suffering from a bad back, her doctor recommended she begin playing tennis in an effort to strengthen her back muscles.

Karen and her family eventually moved to the United States, and her mother turned her newfound tennis hobby into a way to connect with people on the various military bases





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where they lived. She became a professional tennis instructor and led clinics and lessons. “My mom started playing tennis because she needed to, and we became a tennis family because of that,” Karen says.

Since Karen and her family moved around so much, she would spend a lot of time with her mom at the tennis courts where she knew she would meet other kids. “When I was new on base I would just hang out with her and play tennis because I knew that’s where the other kids would be.”

With older and younger brothers, Karen says being the middle child helped mold some of her current coaching tactics. “I don’t do drama,” she says with a laugh. “I think that comes from growing up with two brothers. If there’s a problem, we iron it out.”

Karen and her family have lived in Williamsburg for 16 years, and she has been the tennis coach at Jamestown for nine of those years.

“When the previous coach left, my daughter, who was a student at the time, and her friends kept telling me that they were in need of a tennis coach,” Karen says. “I figured there

were so many people in this town that play that they wouldn’t have trouble finding someone, but when they still hadn’t found a coach I told them I would give it a try for a year, and have been there ever since.”

Karen and her husband, who also doubles as her assistant coach, have dabbled in other sports, but tennis is the one that has always stuck for her. The pair has played on softball leagues, enjoyed skiing and the occasional round of golf, but tennis definitely reigns supreme in their home, for the adults at least.

As for Karen’s two children, they didn’t catch the tennis bug as easily as Karen did from her mother. Her son played soccer at Jamestown, while her daughter played field hockey and went on to join the team at William & Mary. “They liked the team dynamic of their sports,” Karen says. “With tennis you are really battling on your own and then the end result affects your team.”

Karen’s favorite part about tennis is the balance between competitiveness and the social aspect. “I have played at a lot of different levels, but I’m not going to get crazy competitive with the same people I am going to see at

lunch or the grocery store.”

While Karen loves the social aspect of tennis, in order to satisfy her competitive side she has played with the United States Tennis Association for about seven years. The USTA has competitive leagues and levels and you can advance to play at tournaments at the sectional, regional and national levels.

Karen says coaching the high school girls is an interesting balance, because they aren’t all on the team for the same reasons. Some of the girls want to be a part of a team and enjoy the camaraderie. Karen has to gauge how hard to push them so she can get them to where they need to be, while still making sure she’s providing the guidance needed for the more competitive players.

Karen says if you were to ask her during her second year of coaching what she enjoys most about leading her team, her answer would be different than it is now. Now that she has coached several girls who have gone on to college, Karen hosts an alumni party each year at her home so she can catch up with her former players.

“When I have girls tell me that they strug-

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gled with things during the time I was their coach and I didn't even realize I was helping them with things that aren't even tennis related, that's my favorite part," she says. "Sometimes I'll get a thank you note or something like that, and it helps me keep in mind that the girls I am coaching now are also going through stuff."

While that's Karen's favorite part about coaching, it's also the biggest challenge. "Trying to figure out what each group needs every year is like a puzzle," she says. "The girls are different every year and their personalities vary. So the biggest challenge is finding the right way to make them feel comfortable and set them up for success, and make it the best experience for everyone."

While tennis and coaching are very important to Karen, the thing that is the most near and dear to her heart is her role as the director of the Williamsburg Charity Tennis Classic, a position she has served for three years.

"It's interesting because I am really tapping into these two separate age groups within the sport of tennis," Karen says. "I have my high school girls and then I am working with an

entirely different generation, ages 30 and up, with the charity event."

Originally started in 1993, the group works year-round to raise money for women's charities in the area. Since its inception, the women's classic has raised more than \$450,000 for charities like Avalon and Colonial CASA (Court Appointed Special Advocates). "We try to find local charities and go out and see where the needs are in our community," she says. "Everyone brings ideas and we all want to see how we can help women and children in Williamsburg."

Each year, Karen and the board organize a women's doubles tennis tournament at McCormack-Nagelson Tennis Center, and this year they hope to break the \$500,000 mark.

While her plate is full between coaching and organizing the tennis classic, it's hard to believe that Karen still finds the time to play tennis for fun. However, when she has her coach hat on she likes to stand back rather than being out and playing with the girls. "I don't like to play with the girls because if I am worried about how I am hitting the ball or trying to hit it a certain way so they can test

something out, I am not able to concentrate on them so I usually stay off the court for the most part."

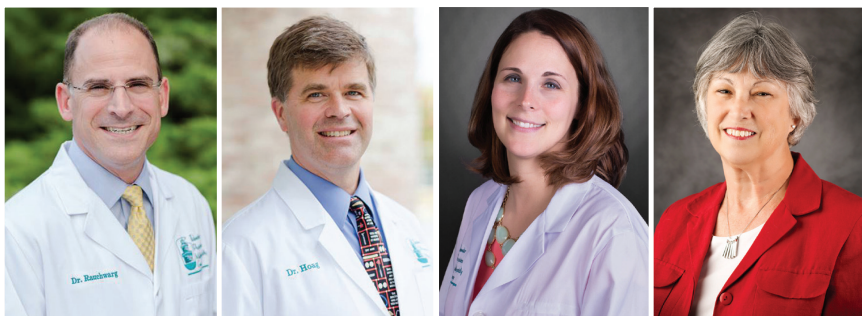
When the weather starts to get warmer, Karen's desire to play competitively and socially picks back up.

In addition to tennis, Karen loves to cook, and makes dishes that reflect her Italian heritage, like biscotti and different pastas. She also likes to knit and crochet, and has started a tradition of making an afghan for her tennis captains in the colors of the colleges where they are going to school.

While her kids are now grown and living their lives outside of Williamsburg, Karen continues to enjoy coaching her team at Jamestown High School, playing tennis every chance she can get, and most of all doing her best to ensure the Women's Charity Tennis Classic raises as much money as possible for women and children for locals. NDN

*Information on ways to participate in the Women's Charity Tennis Classic or donate to the cause can be found on the charity's website. [google.com/site/charitytennisclassicinc](http://google.com/site/charitytennisclassicinc)*

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# STEPHANIE ROMETT

# It's a Kick!

By Greg Lilly, Editor



Lisa W. Cumming Photography

“A person completely new to adult kickball would be surprised at how diverse it is,” explains Stephanie Romett. “You have a good mixture of abilities. We have teams with competitive guys and the girls are there for fun. Other teams, like my team, are all in it to just have fun and laugh at each other. It’s a good

mixture of different types.”

Stephanie became involved in adult kickball about five years ago. She started playing with some co-workers and friends from Snow Companies here in Williamsburg. “They had a kickball team, and they invited me to play. At first, I thought it would be a lot of fun.

Now, five years later, I’m so into it, running leagues and pulling the community together.”

At that first game, Stephanie was there to win. “I was so competitive about it,” she says with a laugh. “Everyone was having fun. It’s a social league, which for adults means: responsible drinking and playing kickball. I remem-

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ber everyone having fun, and me not partaking and being really competitive and wanting to win.”

She soon got into the vibe of the league and the other players. She played on and off that first year, but then went to work in a different office location on a new project. “When I moved back, I wanted to get involved again. Everyone has so much fun at the games. It’s a stress reliever. You can’t tell if anyone was having a hard day because they’re all laughing and playing. One of the reasons I still play is that it’s a perfect outlet away from a day’s work.”

When Stephanie lived near Christopher Newport University, she found kickball teams there. “One thing they did was theme parties. You don’t just show up and play kickball, you play it like it’s a party. It’s always evolving and consuming in the best way. In this league, they said we had a patriotic theme for the game. I’m huge into theme parties, so I went all out. Everyone else at the game went all out as well. Imagine, this league, a whole baseball field of adults dressed up in their red, white and blue. I stepped on the field and felt like I was home!

I knew it was going to be so much fun.”

After that, Stephanie started signing up as a freelancer for different teams because she wanted to get to know people. “A couple of years ago, I started a kickball league in Williamsburg. I worked with WAKA (World Adult Kickball Association) to bring kickball here. We found a field at Kiwanis Municipal Park and reached out to people through Meet-Up Groups or word-of-mouth. Almost immediately, we had a full season scheduled. It was surprising to see how many people were into adult kickball since I had started the first time a few years before.” The former Williamsburg kickball league had ended while she was working out of town and while she played in Hampton and Newport News. Stephanie was glad to see there were still people in Williamsburg wanting to play in a league.

“I get to meet new people every season. It’s so much fun because they bring their friends and it keeps growing.” When the new league took root in Williamsburg, they played in the fall. Today, they play a spring and fall season. “We’re thinking about a summer league or

maybe a winter league, like the other Peninsula leagues do. It’s always evolving and expanding. I’m just happy I was here at the right time and had the experiences with the people I’ve met in the community to make it happen.”

The spring kickball league begins on April 13 and continues through June 17.

“The league is moving to Thursdays this year,” she says. “I play in Williamsburg. I also play Fridays in Yorktown, and Saturdays I play in Hampton. Then I run a volleyball league Wednesday nights in Newport News and play in a separate one on Tuesday nights. Almost every day of the week, I’m in a league playing kickball or volleyball. It’s consuming. I have enough time to get everything done. When I say I can’t live without it, I mean it. These are people I’ll have in my life forever.”

Each season, Stephanie starts a team with friends who return, along with some new players. “I try to bring in new players so I get to know more people. I try to take as many free agents as possible to show them all the good stuff of playing adult kickball. That’s my teambuilding in the league.”

# Start the Conversation...



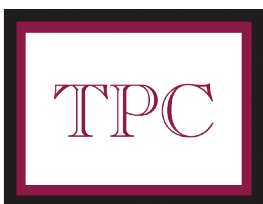
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In the Williamsburg league, the dress up and party mood is about 50 percent of the teams. “That’s how you can tell the really fun teams! Some don’t like dressing up, which is okay. We do have sportsmanship and conduct rules in case someone gets too rowdy. Over the years, I’ve only had to handle one or two, and that wasn’t in Williamsburg. Everyone has the same sense of camaraderie and respect for each other. That’s nice to be around.”

Just because some of the teams like to take on a theme of dress during the game doesn’t mean that they aren’t in it to win. Stephanie confesses she has a competitive streak. Maybe it developed from growing up with four brothers. “When it comes to winning anything, I’m the first to call my dad and tell him.” Her father took a moment to realize what his daughter was so excited about was winning a kickball tournament. “I had to explain, that yes, adults play kickball and it’s a real ‘thing.’ Over the years, he understands. Of course, he’s a pickleball player, and he’s serious about that.”

One championship game brought out the competitive side of Stephanie. “We were on

defense, and the other team was just whaling on it thinking that if they kicked the ball hard enough over our heads, they could run the bases before we’d get it back. I was in the zone. I was in the outfield. There was a kick that was almost an infield homerun,” she describes. “There’s a tall, ample friend out there who was fully capable of catching the ball, but I’m cutting across left field, jumping literally right in front of him. I was going so fast and so focused that the whole field disappeared for me, except for the ball. I dived, catching it right in front of his hands. He was ready to catch it. I stole it from him. He was okay with it, but that was something I can’t forget how into the game I was!”

The team helps each other with strategy and skills. One thing Stephanie has worked on lately is her ability to bunt. “In kickball, there’s a charger that stays behind the pitcher, but when you kick, they can run toward home plate. Kick it short, and the catcher or the charger will have access to that ball and get it to first base to get you out. I’ve learned from these other people how to be better at bun-

ting. That strategy and new skill was fun to learn. At the end of the day, I’m not the fastest person on the team, but now I can bunt and hustle to get there.”

Stephanie grew up in Stafford, Virginia, north of Fredericksburg. She came to the Peninsula to attend Christopher Newport University. “Then just never left,” she adds. “It’s a great place to live in and to grow a family, which is in my future. Being part of the leagues is like social networking. I met my fiancé a couple of years ago in kickball. That’s part of these social settings of the leagues. You learn about people really well by playing kickball with them. I got one of the super competitive ones!”

She explains that it’s a great way of dating because she could see so many different sides of someone in an active setting. “I didn’t see it coming,” she admits. “He’s my best friend and it just happened. I’ll take it.”

Stephanie says kickball isn’t just a “show up, then go home” type of league. It’s people having fun, and being a little competitive, and building long-lasting relationships. NDN

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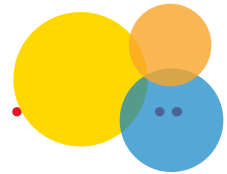


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The Bid 'n Buy Auction is a local tradition. Please join us as we celebrate the children we serve and raise funds to support the important work we do to help over 1,000 children and their families right here in the Historic Triangle.

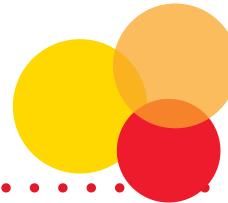
I hope to see you on March 19!

Sincerely,

Paul F. Scott  
Executive Director



## Schedule of Events



11:30 a.m. .... Doors Open  
Food Court & Party Pantry Open, Silent Auction Begins  
*Be sure to pick up a bid number at registration to participate.*

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1:45 p.m. .... Silent Auction Ends  
*Children's Activities, Party Pantry, and Food Court close.*

2:00 p.m. .... Live Auction Begins!

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### **CDR Director of Development**

Mary Jean Hurst

### **Special Events Coordinator**

Betsy Edwards

### **Development Team**

Jenny O'Donnell, Katy Rodgers

### **Arrangements**

Andy Dayton, Steve Turner

### **Auctioneers**

Gary Massie, Aaron Williams

### **Children's Corner**

Stacey Pietruszynski,  
Stephanie Thees

### **Decorations**

Lise Kline, Debbie Connell

### **Food Court**

Tammy Cade

### **Gourmet Market**

Jennifer Youngs, Cora Youngs,  
Ashleigh Boquist

### **Graphic Design**

Rita Francavilla

### **Live Auction**

Louise Canfield, Cindy Hamrick

### **Party Pantry**

Caitlin Massie King

### **Silent Auction**

Stacey Pietruszynski,  
Sharron Gloskowski, Nancy Webb

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# ERIC MAYES



Lisa W. Cumming Photography

# EVERYBODY HITS THE BALL

By Narielle Living

Eric Mayes grew up in the Chesterfield area, but is happy to now call Williamsburg his home. “My mom was a civil servant so we also lived in Germany. When I was in seventh grade we went to Germany and lived there until I was in tenth grade. The rest of the time we lived in Chesterfield.” Eric also attended Virginia Commonwealth University.

Originally, Eric and his wife decided to move to Williamsburg because of his wife’s job. “She got a job here at Riverside. She commuted for a

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Williamsburg, VA.

while from Chesterfield, which is about 50 minutes away. She is a physician, so when she was on-call she'd get a hotel down here for the week. That got old quickly.” When the company Eric worked for had a vacancy in this area he seized the opportunity to be here. “It really worked out for me so I took that vacancy, in sales, and we moved here about 10 years ago. We have two girls, ages nine and seven. They're softball players too.”

As a child, Eric loved baseball. After college he began working for UPS and discovered that they had a softball league. He immediately joined. “There really are no baseball leagues once you get older,” he says. “There was a baseball league in Richmond, but it was a lot of college guys that would come back in the summer and throw balls at 95 miles per hour, and not a lot of people were hitting them.”

According to Eric, the big difference between softball and baseball is the type of ball used. Also, softball uses a fourth outfielder. “There isn't just a left fielder, right fielder and center fielder. You have a left fielder, a right fielder and a left center and a right center. One extra outfielder in softball, that's the one major difference,” he says. The other big difference is the style of pitching. “Obviously, our league throws underhand, and we're slow pitch. All softball leagues here are slow pitch leagues, so the ball is thrown with an arc. It comes real slow and you have time to hit it. The general idea is that everybody hits the ball.”

Eric thought that softball was a natural progression for him after playing baseball, and he had a lot of fun in the UPS league. “After that I really got into softball and joined a Chesterfield league. I started playing weekend tournaments which is kind of a big draw with softball.” Each year there is a World Series of Softball, and the tournaments are often played in places around the state, such as Roanoke, Petersburg or Richmond. “If you win you could get into the World Series of Softball, and that was the goal for me back then.” After his daughters were born, however, Eric did not want to be away so much and decided that his time was better spent supporting the local leagues.

When Eric and his wife moved to Williamsburg, he discovered that a friend of his was involved with a softball league in Williamsburg. “My friend lived in Yorktown at the time, and he said if you're coming here you need to be on my team. I said I can do that. He already had the team. It was sponsored by Green Springs Irrigation back then.” Eric joined this team that had been playing for years and loved the experience. “It was such a great transition for me, and I've been in a league ever since.” Some team members have changed, and his friend is no longer in the league. Eric has since taken over managing the team.

The pitcher for Eric's team is also the coach. “He coaches for us, thank God. I prefer not to do that. I prefer to go out there and play and not worry about that,” Eric says. It can be difficult to play the game and maintain a perspective about everyone's playing. “Dom, who coaches our team, sometimes plays and sometimes doesn't. He's able to have that bird's eye view you need,” Eric says.

As a manager, Eric is responsible for filling out paperwork and get-

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ting the team together. Finding people to play softball can be difficult, because many people in this area have jobs that might not keep them here, such as military positions, or they might have a bit of a commute, such as shipbuilders. According to Eric, these professions don't always have flexibility in scheduling. "It depends," he says. "Guys can't always get time off to be here, or they can't play during the fall but can play in the spring. We're always looking for people. In the summer, we have to get 15 to 16 people in order to put a team of 10 people together." Having extra players is important because people take vacations, get sick, or have family obligations.

For Eric, the best part of being in a softball league is the camaraderie between the players. He enjoys spending time with people that are passionate about the same thing he is passionate about. "We play week-nights, so it's something to do during the week. The softball games break up the week and monotony of the work day and everything else that you deal with. Guys really look forward to coming out and playing, as do I." Eric's team consists of a core group of around eight players that have been together for ten years. "You become friends. It is a competitive league, so if your competitive juices are still pumping this league is a good place to get out there."

The league is run by Tyler Cobb at Quarterpath Recreation Center, and Eric feels it has been an exceptional experience. "They do such a good job. There are no issues, and the teams all know each other. It's basically the same group of people every year." Names or sponsors might change from year to year, but the same group continues to play. "They're all good people," Eric says. "From my perspective there are no negatives to playing softball."

All of the games Eric plays occur on one of the three fields at Quarterpath. Each game is a double header, so the team plays two games in one night. This is not, however, as tiring as it sounds. "If you're playing on a Monday night you might have a 6:15 p.m. and 7:15 p.m. game, or if you're playing the later one it would be 8:15 p.m. and 9:15 p.m. It goes by fast, and it's a lot of fun. There's a slaughter rule, so if you're losing 12 to nothing the game could be over much quicker, but there are inning requirements and there is a time limit."

Eric is glad he and his family have settled in Williamsburg. "I love Williamsburg. I like living here. We started a family almost immediately after we got here, so my kids have been raised here. There's lots of parks, lots of recreation, lots of teams. It's a great community."

If anyone is interested in playing in a softball league, Eric Mayes suggests they go down to Quarterpath Park to meet the folks who play. He also suggests checking the Williamsburg Parks and Recreation website for specific information. "If you don't have a team and you want to be on a team you can let the league know your preference, such as male or coed softball." The website also gives information about other leagues such as volleyball and tennis. "Williamsburg is great. There are all kinds of things for active adults to do." NDN

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# Soccer & Life: A Balancing Act



Lisa W. Cumming Photography

By Lauren Plunkett

Brian Reese considers soccer a significant part of his life. “I started playing soccer in Woodbridge, Virginia when I was 7 or 8 years old and I’ll never forget the first team I ever played on, The Red Devils,” he says. His interest in the sport grew as he played recreational soccer

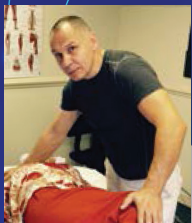
and one of his coaches, Milt Wells, encouraged Brian to progress in the sport by playing at different locations in Virginia. He joined the 72

Blackwatch Dragons team and competed in games in Northern Virginia and played tournaments in Virginia Beach. When he attend-

The positive experience of playing soccer again renewed Brian’s fervor for the game. “I was excited about giving it another try after all these

ed Osbourn Park High School, Brian played on the junior varsity soccer team in his sophomore year. “After tenth grade I got burned out with playing and I quit,” he says.

As an adult, his interest in soccer has been reignited. A work friend convinced him to join The Peninsula Adult Soccer League in Hampton.



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years, agreed to play, got hooked once again and [have] played regularly ever since,” Brian says. Currently he is on a team called The Loggerheads, playing with them since about the fall of 2003.

He admits it was difficult to transition back into playing soccer. “Tough because my fitness was not where it was supposed to be, and I was rusty,” he says. He is determined not to let the challenges of readjusting to the stamina and vigor of soccer stop him from playing. “When I started playing in Hampton, I was unofficially selected as the most improved player,”

Loggerheads keeps Brian busy. Even though much of his time is accounted for, Brian intends to keep playing soccer with his team.

Good sportsmanship reigns between the other teams, and the different skill levels of the players make the games interesting. As a captain of The Loggerheads, Brian’s responsibilities include coordinating when the players can meet, carrying a roster of at least 16-18 people so that of those 11 people will show up for a full team to play and emailing the players about the time of a game. He informs The Loggerheads if another team forfeits and a game is

games. The unpredictability during matches increases the excitement. “It’s funny with soccer that you can be going up against another team that has the most talented player...but if that team plays selfishly a good team that may not be as athletically gifted can beat them,” The unity and persistence of every player can be more powerful than one opposing player. He stresses the efforts of a team can be more important than those of a single star player when it comes to victory.

He has fun competing against teams and hopes more teams will form and play in the James City County Adult Co-Ed Soccer League. Brian has positive characteristics which make him a good athlete. He is determined, dedicated and a good team player.

“Soccer has taught me patience and persistence, to persevere and never give up when things aren’t going your way,” Brian says. The characteristics of playing soccer

well are beneficial to enrich life too. The personal and athletic rewards are incentives to join the James City County Adult Co-Ed Soccer League. The friendly relationship between players on a soccer team is a benefit. Brian’s former teammate and best friend, also named Brian, was the best man at his wedding. He cultivates friendships on The Loggerheads team and the players will occasionally eat at restaurants together after games.

His parents fostered Brian’s interest in soccer. “I’m one of six kids in my family and am very grateful my parents were so supportive and took time out of their busy schedules to get me to all those practices and games,” he says. Brian is married and has three children: Maya, Andrew and Benjamin. His children play on The Tidewater Sharks and Brian is the assistant coach for his daughter’s team and proudly watches all of his children’s games. His hobbies are mountain biking, hiking, traveling and camping. Brian Reese has found soccer to be an inspiration in long lasting ways. NDN

“When you are 44, you don’t know how many good years you have left in you to play soccer, but I am going to keep playing as long as I am healthy and active.”

~Brian Reese

he says. The recognition from this team is still a memorable moment for him because it was rewarding to have the support of other players on the team. It instilled a sense of confidence in Brian and was a source of motivation for him to keep playing. “I try to be better about stretching out. I jog and warm up and do touches on the ball,” he says. These activities lead to increased mobility and agility during the games.

“When you are 44, you don’t know how many good years you have left in you to play soccer, but I am going to keep playing as long as I am healthy and active.” The age requirement for the James City County Adult Co-Ed Soccer League is 30 years old and up for men and 18 years old and up for women. “The league rules about age keep the games fair because the adult teams would not be playing with a high school aged player,” Brian says. The teams in the league embrace their adulthood and have fun playing with their peers. Balancing work, family commitments and playing with The

cancelled. “It’s always good to get a win but we are not upset if we don’t because we’ll get them next week. I do it for the fun of the competition,” he says. There are six to eight teams in the league. Brian says that The Loggerheads play at a caliber of a good, middle position skill set as compared to the other teams.

He remembers an exciting time when his team won a game 2-0. “It was gratifying to be down a player and come out on top and win,” he says. The league plays in spring and fall seasons. Spring season begins around the first week of March and ends about the first week of June. In the fall, the season runs from the first week of September until about the end of November. The Loggerheads play on Sunday evenings at the WISC in James City County. Sweeper is Brian’s normal position on the team. This makes him the central defender on the field. His role is to be the last line of defense and stop the opposing team from getting a shot in the goal. They don’t rely on a structured play book because these are recreational

# Business Friendly

By Greg Lilly, Editor



Lisa W. Cumming Photography

Christopher (Chris) Johnson has worked for James City County for the past 20 years. As part of the Planning Division, Chris worked with businesses to start up or to expand in the county. This shepherding of new or growing businesses allowed Chris to gather the people from different divisions together to streamline the processes companies needed to open their doors for business. Last summer, Chris took on a new position at the county to do just that: Ombudsman.

“The genesis of the position dates back to 2006-2008 timeframe,” Chris says. “The Board of Supervisors created the Business Climate Task Force to assess the business climate at the time.” The Task Force noted the things the county did well in regards to businesses and the areas that could use some improvement. An indentified need was to have someone available to help and guide businesses through the processes required to open or expand in the county.

“Last year, the county reviewed close to 500 plans of development. The amount of work coming in is near a ten year high. Our current Board of Supervisors and our County Administrator Bryan Hill seized on the opportunity and approved the Ombudsman position for last year’s budget.”

Since Chris had worked in both the public and private sector with the Board of Supervisors, Planning Commission, County Administration, the Community Development

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department, the Economic Development Authority and many businesses in the area, he was the logical choice to guide and advise local businesses on navigating the administrative and legislative development review processes.

“If there is an issue, I can take it and bring the right people into the room to address it. Whether you’re a mom and pop small business, an entrepreneur or a large business seeking expansion, the development review process can appear as if it’s Mount Everest. Whether you’ve been on that road or you haven’t, it seems daunting. Having someone at the county to talk with face-to-face or on the phone is invaluable to small business and big business alike. I can say, ‘I know exactly who you need to talk to. Let me help you set up the meetings and help you navigate this.’ That takes a lot of stress off a business owner. To have someone at the county there to help them is good for business.”

An ombudsman wasn’t Chris’s initial career goal. Born and raised in Laguna Beach, California, he headed to the University of Arizona on a football scholarship to major in marketing and public relations. “That was a very different route than the traditional urban planning major that most county or city planners take,” he says. “My minor was in political science, so I always had an interest in the workings of government.” After graduation, Chris returned to Orange County, California, working in banking, insurance and sales for a number of years.

“My former wife was offered a promotional transfer opportunity to the Hampton Roads area. We were at a place that we wanted to have kids, a house, all the family things,” he says of those early years in the marriage. “Having grown up in a coastal beach community, I saw that Hampton Roads offered us many of the same amenities we loved, but with a cost of living in Virginia that was much more affordable than California. Our California commutes were an hour and a half, each way. We felt, in our mid-twenties, that this area gave us the opportunity to have what we wanted with a reasonable work commute. The relocation opportunity came at a time when it made sense for us to have what we wanted for our family.”

Chris became acquainted with someone at a social event who worked for James City County. “Getting to know me and my background, he saw an opportunity and asked if I had ever thought about working in local government, in a planning division. That sounded interesting.” A position came available in 1997, and Chris joined James City County. For four years in the mid-2000s, he worked for a local law firm, but returned to the county in 2009.

“It’s been a wonderful opportunity. It’s the type of work that suits my interests and abilities. Thinking in a non-traditional way from the people who were educated and began their careers in a more traditional academic environment is always nice to have. I found myself saying, ‘Maybe there’s another way to think about that.’ Working in the private sector before becoming a planner and in the middle of my planning career provides a bookend of better understanding the public/private relationship, the economy of scale to make that work for local business. I’ve had a diverse business background.”

While working at the attorney’s office, Chris worked on develop-



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ment projects in thirteen Virginia localities and experienced municipal processes from the business side. "I've been an applicant here at the county. I've represented projects before the Board as an applicant. I've stood before the Planning Commission and the Board needing their approval, so I understand when someone says they don't know where to turn, who to talk to or what to do. I've been there. That nexus between the two worlds, government planning and private business, gives me the ability to make this position something unique and a positive benefit to the citizens and the businesses seeking approvals at the administrative and legislative levels of the county."

Last year, James City County conducted a "Listening Tour" in the business community. They asked what they were doing right and what they could improve. "Those results were presented to the Board of Supervisors. The Board and the County Administration had the vision to see how this position can help improve communication and provide greater predictability and flexibility for both big and small businesses."

As someone who knows the internal procedures and all the people involved in it, Chris can quickly get the right people in the room to facilitate the process in the most efficient means to help entrepreneurs and owners get their doors open for business. "That's very rewarding," Chris says.

"The ability to have the interpersonal communication," he adds, "is a huge step in helping businesses. For decades, some of these processes were driven by impersonal letters and staff reports. To bring that down to gathering key people together, sitting face-to-face and say, 'How do we solve the problem? What are our options and possibilities?' It may not be the project initially envisioned. More than likely, it ends up in a more positive, approvable position as a result of that collaboration." Chris explains that several initiatives, including changes made to the county ordinances and the Comprehensive Plan, the adoption of the Strategic Plan, the fiscal strength of the county and the cooperative climate on the current Board of Supervisors all provide great synergy for the business climate in James City County.

"The reward for me is not just seeing the big projects, large businesses coming in and expanding the tax base. That's wonderful, but taking the people who came in with an attitude of frustration and came to me ready to give up. Getting them to that point of opening their business in the county, a day they sometimes doubted would come, that's the reward for me: seeing that person succeed."

He stresses that all businesses started as small businesses. Chris enjoys cultivating those opportunities and wants to give them the chance to open their doors and grow. Growth means hiring more staff, needing a larger facility and expanding to the benefit of everyone in the community.

"They all started somewhere. I want them starting here. This county has always attracted founders. We want people to see James City County as a place to start their business and grow their business," Chris Johnson says. "While you do that, live here, work here and play here. It's a wonderful place." NDN

# COMPETITIVE BODYBUILDING



By Greg Lilly, Editor

“It’s a blur coming off stage,” Lauren Marrs explains about bodybuilding competitions. “First and foremost, there are certain posing requirements based on the category of competition. All the practice makes that automatic, but also exhilarating. Family and friends are there, cheering us on.”

Lauren competes, coaches and judges natural bodybuilding with OCB (Organization of Competition Bodies), an organization promoting the competitive sport of bodybuilding, physique and fitness conditioning.

“I’ve always been into health and fitness,” Lauren says. “I’m a certified yoga instructor. I played sports growing up, varsity tennis and soccer in high school. I have a naturally competitive spirit, and I look for ways to challenge myself.”

After having her two daughters, she wanted to be in shape and healthy. “I never was really into lifting weights. Sometimes that can be intimidating to women. I would come into the gym and get on my cardio machine or go do a class, and I’d see people on the weights and was intrigued by that.” She wasn’t sure how to start weight training or if she should.

The worry of getting too large or stocky

from weight training wasn't a concern for Lauren. "The more you learn about the science of building muscle, the less you think about that. I try to build muscle mass because I'm a small person. After all these years, I've had minimal progress in getting bigger. It comes down to genetics. Everybody is different. Women have to try really hard to build up muscle. It won't happen without a lot of effort."

Lauren is a self-described "military brat." She was born in New York City and her family moved up and down the East Coast while her father was in the Coast Guard. "My dad retired in Yorktown. I went to high school there. I met my husband, Clay. He's active duty Navy, so I'm a military spouse. We stayed in the area for his first couple of tours and then moved to Florida to try something different, but we knew we wanted to come back here."

Clay is stationed in Virginia Beach and makes the commute when he's not deployed. "We made a decision that we would homestead here in Williamsburg," Lauren says. "My parents, Teresa and Christopher Susalis, retired in Williamsburg. My sister is in Chesapeake. I have two brothers in the area as well. We love the small town feel of Williamsburg. The schools are great. We have a daughter at Lois S. Hornsby Middle School and one at D.J. Montague Elementary School." Lauren grew up moving around frequently, but Clay stayed in the same area of his hometown in Oregon while growing up. Lauren and Clay decided they wanted that same stability for their girls, and they wanted their home to be here.

"The great thing about natural bodybuilding (bodybuilding without substances such as fat burners or anabolic steroids) is that it's the athlete's hard work and discipline that wins competitions. I'm a stay-at-home mom, who loved fitness and wanted to try something new. It is a competitive sport and takes a lot of patience and work. I'm not willing to jeopardize my health for a trophy or a title. There is a sense of camaraderie or a team spirit with all of the athletes because we're there to showcase our hard work and to show what we love to do."

The community of bodybuilding in Williamsburg is growing each year. Over the past ten years, new categories have been added to

broaden the appeal of the sport. "For instance, I compete in 'bikini.' I'm not a bodybuilder, per se. I don't have a women's bodybuilding physique. I don't even have a 'figure' physique, which is the next level from where I am," Lauren explains. The categories of "bikini" and "figure" have specific criteria in regard to muscle and overall conditioning while maintaining a feminine overall aesthetic look. "Especially in natural bodybuilding, women can obtain only so much muscle. These new changes really opened up the sport to more people."

Especially with people being so different, not everyone could attain the large, defined-muscle look that most people associate with high-level bodybuilding. With that being the only image, the sport didn't allow for diversity.

"Even with men's competitions, new categories were added," Lauren says. "Men's 'physique' category is more focused on the upper body. The guys wear board shorts and showcase their overall look, stage presence, guy-next-door image with great conditioning and defined abs, things of that sort, not the level that most people think of bodybuilding. OCB is implementing the 'classic physique' that is between 'physique' and 'bodybuilding' categories. With these new categories that spotlight health and fitness, the sport has really taken off."

These new categories attracted many more athletes. "Ten years ago, if someone had told me I'd compete in a bodybuilding competition, I would have thought they were kidding me. But now with the wide range of categories, I see a lot more women competing."

Lauren has trained on and off with Salby Salang since 2012. "He's a nationally qualified bodybuilder. That's how I got into weightlifting."

After having two kids and getting into my thirties, I started doing my research on weightlifting and bodybuilding. It's important for women to have muscle as we age, especially being concerned about osteoporosis and things like that. Plus, the reality was I wanted to look good. I started training with Salby. He taught me a lot."

Her initial goal was to get on stage for a competition to see if she could do it. "That

was nerve-racking, scary and terrifying. Training for competition is a humbling process. It affects a person mentally, physically, emotionally and spiritually. I think of it as boot camp since I've had family members who have gone through that. The training breaks you down. At the point of exhaustion, being tired and hungry, you realize this is an extreme sport, and I knew I had to push myself to a level I had never been before.

It takes a tremendous amount of discipline and commitment. A job and family, all these other commitments in our lives, at 3:30 in the morning, we see each other at the gym." Along with the weight training, Lauren follows a strict diet, many times eating the same thing every day for weeks.

"The training philosophy has trickled over into other parts of my life," she says. "The reality is having the discipline to do this showed me I can do other things that require a goal and commitment to accomplish it. Having a coach in my corner helped keep me motivated. I learned a lot about myself and what works for me, and what doesn't, in regards to nutrition and exercise, but having someone who has been through this really helps in those tough moments."

Lauren's friends and fellow bodybuilders, Marjorie Thrash and Kevin Parrott, are organizing a show in July. "They both live here and wanted to bring a competition to Williamsburg. It is July 1 at Crosswalk Church. Competitors from all over the country will be here. We have a lot of people in the community interested in bodybuilding, if they compete or not."

To help local bodybuilders prepare for the July competition, Lauren and Salby Salang are holding a posing clinic to coach athletes on March 18 at Iron-Bound Gym. "I enjoy helping athletes get ready for the competition. I was certified to judge last year and started judging for OCB. I hold the posing clinics to guide athletes on what the judges will be looking for."

Lauren spends a lot of time in the gym and adhering to a strict diet to stay in bodybuilding condition. "This isn't an instant gratification sport. It takes time. It's a process." NDN

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Corey Miller Photography

# Her Own “Happily Ever After”

By Greg Lilly, Editor

“All my life, I had been looking for the happily ever after that we read in children’s storybooks,” describes Sharon Dorsey. “Those fairy tales had the family I wanted, that’s why I read so much as a child. I wanted that when I grew up. I fell madly in love with this handsome man, convinced that would be my happily ever after. When he wasn’t, it was like a betrayal by all those stories. They promised me a happily ever after.”

Sharon recorded her life story first for her son, Steven, and daughter, Shannon, in scrap-

books and poetry. This past year, she had her memoir, *Daughter of the Mountains*, published by High Tide Publications.

She grew up in Charmco, a small town in Greenbrier County, West Virginia. Her “Prince Charming” was still in high school when she graduated, and their parents worried that Sharon and Buddy would run off and get married. To cool the spark of young love, Sharon’s parents sent her to the west coast. “I had an uncle and aunt living in Sacramento, California. One day, out of

the blue, my parents sat me down and said I was going back home with Uncle Clyde and Aunt Dorothy to go to college. They said I would take business courses so I could get a job when I came back to West Virginia. Off I went, crying bitter tears all the way to California in the back of a Cadillac.”

During her year of junior college in California, Sharon honed her secretarial skills she had started in high school, which was really one of a few career options available to young women at the time.

“My uncle and aunt decided to leave Sacramento,” she explains. “I couldn’t stay there by myself. It was too scary a prospect at the age of 18, so I came back to West Virginia.”

Her father was involved in local and state politics and had campaigned to help the governor win the election. “My dad found out that there was a job in the governor’s office for a secretary. I moved to Charleston and lived in an upstairs room in a widow’s boarding house. Buddy graduated from high school, and we married. Soon after, he left for Korea.”

When Buddy returned from Korea, he was transferred to Fort Eustis in 1964. “Then, when Buddy left the Army, he wanted to go back to West Virginia. That would have meant working in the coal mines, like his dad and my dad. There just weren’t any other jobs, no future there. I talked him into coming to Williamsburg. We’ve been here since, except for three years when he was transferred to Roanoke. That’s where we were living when we separated and divorced.”

The marriage ended. Sharon became a

single mother with two small children. Most women would have headed back to their parents’ home, but Sharon wanted more for her children and for herself. “I knew what the schools were like in West Virginia. I knew there was no future there, and I wouldn’t be able to get a job. I had to support the kids. My family blamed me for the divorce and weren’t supportive. My support system was here, my friends and people I could depend on to help me get a job and a place to live and get started again.”

Sharon was the first person in her family to get a divorce, and divorces weren’t common or easily accepted. “You stayed in a marriage no matter how bad it was,” she explains. “One of the things I wanted to do in the original book, I did for my kids, was to tell the truth. They’re adults. I wanted them to understand why the marriage failed and the lessons I learned. But since I had the concept burned into my brain of staying with a marriage, no matter how bad, trying to make it work and not deprive the children of a father,

I stayed longer than I should have.”

Throughout her life, Sharon kept a journal. “It saved me so many times. I grew up in a dysfunctional family. At that time, no one talked about alcoholism. My father drank a lot. My parents fought a lot. Even as a very young child, books and writing were my escape. I can remember getting under the covers of my bed with a flashlight and a book to drown out the nightly yelling.” Writing in her journal became her method of dealing with things she had no control over.

“I used the journals to figure out whatever the issue was, as a way to try to get into the mind of the person I was dealing with. I did that while I was married: Why is his behavior like this? I did it with my parents: Does my dad drink because my mother yells at him or does my mother yell because he drinks? Why do they seem so angry at us as children? I heard my dad say many times, ‘You kids ruined my life.’ There was a lot of trying to figure out the why and how inside my journal.”

She wrote all through her marriage to Bud-



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dy and while she was a single parent. She had several pieces of her writing published in national magazines. "I started out writing 'true confession' stories for publication. I did that in my twenties when there were eight or ten major 'confession' magazines, like True Confessions, True Story, True Romance in that time period. I found there was a formula to the stories: sin, suffer, repent. I sold stories to the magazines for a long time, but the magazines began wanting things more graphic, and I wasn't comfortable going in that direction. During that period, I wrote children's stories and a lot of different things. One of the first things I had published was in McCall's Magazine."

Living in Williamsburg, Sharon found peace, friends and serenity. "I met Don on a blind date," she explains of her husband. A mutual friend kept telling Sharon that she knew a man Sharon should meet. "She said I had to go to dinner with this 'wonderful colonel.' I was happy in my life, the kids were great, I didn't need another man. My friend

wouldn't give up, so I agreed to meet Don."

Don Frew became her husband of 25 years. "We discovered we were kindred souls. We had so much in common, not in our history or our hobbies, but in the way we thought about life and what was important and what we wanted to do for people and how to spend the rest of our lives. That was on the first date. It just got better from there." Don was retired from 31 years in the Air Force and been divorced for ten years. After Sharon's children had left for college, she and Don travelled to see friends and relatives around the country. Then they discovered the National Parks. Don, an exceptional photographer, and Sharon, a constant writer, recorded their adventures.

"At that time I was writing a lot of poetry, and travelling lends itself to poetry. My journal consisted of impressions, not just of the landscape or scenic part of the place, but the people we encountered. When Don lost his battle with cancer in 2013, I produced a 200 page travel memoir, Ate Out Again Today,

chronicling our adventures." One of the stories grew into her first children's book, Hermit the Hermit Crab and the Mystery of the Big, Black Shiny Thing for her three grandchildren.

She describes her poetry book, Tapestry, as "autobiographical story poems." Her memoir, Daughter of the Mountains, tells the stories behind her lifetime of poems.

"When I met Don, it was a second chance to do the things I wanted to do," Sharon Dorsey says. "I didn't think of it as happily ever after. I realized that doesn't happen. We create it for ourselves. I had a happy life where I was satisfied, proud and content. When I met Don, I wasn't a needy person looking for someone to give me that life. I had it. I wasn't looking for someone to complete me. I was complete already. He was complete already. That's why it worked. Even after Don died, I wrote the travel book because I wanted my children to know that even if you lose somebody, you don't lose that life, those memories. You make your own happily ever after." NDN

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Corey Miller Photography

# Rewriting Your Story

By Greg Lilly, Editor

The strength of hypnosis consists in the ability to reach the mind at a deep level and to focus it on helpful suggestions. We've all been in a state of focus, explains Dr. Eve Weber. "It's like going to a movie and becoming so entranced that you are into the story. You disassociate with the here and now." Being lost in the movie or in a great book allows our brains to be in the moment and block out all other thoughts.

"Hypnosis is learning how to use that state

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of a relaxed brain,” Dr. Weber says. “We go in and out of it on a regular basis. Hypnosis allows us to use that state to help heal ourselves.”

Using the trance-like state to relax the mind is the first step. Then a therapist uses suggestions to change behavior. “For example, you want to stop smoking. You get to that relaxed state and then insert a suggestion. Not telling the person they have to stop. It’s suggesting, not demanding. Does it work with everyone? Not necessarily. There are some people who will resist.”

Being a suggestion, Dr. Weber emphasizes, means a therapist can’t persuade someone to do something against their will. “People are aware of what’s going on. Like a mom with a newborn child. When she is asleep, she’s still aware of the baby and to wake up at his cry. We’re never truly unaware of what’s going on. We can’t turn the brain off.”

People who respond best to hypnosis understand the process. “Generally, if they come looking for it, they are willing,” she says. “Usually it is something mood related they want help with. I also work with brain

injuries where patients are looking for ways to help the brain heal.”

She explains that using the brain in a different way helps to rewire thinking. Thinking differently and thinking differently frequently are the ways to create and accept a new norm. For example, thinking of yourself as a person who is self-confident and reinforcing those thoughts with personal examples can make you more self-assured. Just as dwelling on negative images of yourself can be a self-fulfilling prophesy. Hypnosis places the positive images into a relaxed and accepting mind.

Dr. Weber decided to pursue psychology after teaching high school for 12 years. “I had a curiosity of why we do what we do,” she says. “My husband, Dave, was a Naval Aviator flying F-14s then ended up going to medical school. With our daughters in college, I began to think of my own future. I had been a classroom teacher and a school principal; it was time to do something different. The rest of the family was in school, so I decided I wanted to go back to school and earn my Ph.D. in clinical psychology.”

While Dave was in the military, they relo-

cated frequently, but eventually ended up in Washington, D.C. While Dr. Weber was in her clinical psychology training, a colleague planned to go the American Hypnosis Academy, and always curious about different techniques, Dr. Weber decided to go, too.

“Once I was in the class, I could see how it could be an adjunct. I was a very cognitive behavioral therapist, very didactic. That was the teacher in me. I saw the difference that Cognitive Behavioral Therapy could make. At the hypnosis training, I thought it was amazing. I could feel the difference and could see how it could be used with cognitive training. Essentially you’re training your brain to think differently.”

Hypnosis is like a re-wiring of how people process information. “The information is already there. Like Socrates said, ‘The answers lie within.’ Just learning the questions to help the person get to their own answers. That’s what much of hypnosis does. It comes from wherever the person is, using whatever their metaphor or story is. It’s employing their story and reading it back to them in a positive way.”

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Dr. Weber is originally from Texas, raised on a ranch 45 minutes from the closest town. “My dad was a cowboy and a cross between John Wayne and Mark Twain,” she says with a laugh. “He knew how to spin a story really well. I learned the art of storytelling from him. Much of what hypnosis does is use the person’s story. So a combination of my background in literature and the way I was raised with my dad’s stories, I learned how to spin a yarn to help a person with their own process.”

Re-write your story in a different way, she stresses. “We have artistic license to our thoughts and what our truth is. You learn to choose your perspective to write your own story.” Hypnosis patients are able to highlight those moments that have a more powerful, positive affect than the ones that give a negative outcome.

“We’re essentially about moments in our lives,” Dr. Weber says. “Moments or flash pictures of our lives pieced together make up our story. Therapists help a patient go back to those pictures that were powerful, in a good or bad way, and look at them, instead of ignoring them, and building on their strength.”

After her hypnosis training, Dr. Weber volunteered her clinical psychology skills for the military. “They asked if I wanted to join the military – at age 49. I thought they were kidding me.” She had always wanted to serve her country, but raising children and relocating frequently with a military spouse didn’t make it seem feasible. “I had my Ph.D. and had been practicing. I decided to join the military. I felt honored to be asked at my age. With a supportive husband, I ended up working with the Marines in Quantico and then had orders to Okinawa, Japan. I worked with all types of people from children to active duty to people in the community doing cognitive behavioral training, evaluations and clinical hypnosis.”

She found that hypnosis worked well with some physical conditions like Irritable Bowel Syndrome (IBS). “Dr. Olafur S. Palsson, at the University of North Carolina, investigated the connection between mind and body in IBS. Part of anxiety is tension, tightness and muscle problems that affect the bowels. Dr. Palsson developed a hypnosis protocol I started using in Okinawa with some patients with IBS. It worked amazingly well. Doctors

would send patients to us for things like IBS, acne, reflux and pain management.”

She has had great success with hypnosis in relieving IBS, Crohn’s disease and especially with post-trauma. “Patients play the trauma over and over in their minds. For some people, hypnosis can help change that picture, making a story we choose, creating a new norm.”

In practice with her husband, Dr. Dave Weber, Dr. Eve Weber, says they are referred to as Dr. Dave and Dr. Eve.

“I’m in the semi-retirement stage,” she says, “so I could not work every day. But, I know I will always work with people to get to their goals. That’s what motivates me: to get them to that a-ha moment and not to need me anymore. I’m most fulfilled when they have reached their goal.”

Her own story is calling her. The stories her father told back on the ranch in Texas have stayed with her.

“I want to take some writing classes and plan to write my novel – to get that story out.” With her knack for positive outcomes, the novel will have a happy ending. NDN



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# Next Door Neighbors Home



Lisa W. Cumming Photography

## Expressions in Fabric

By Greg Lilly, Editor

March winds signal the change in seasons, and Tom Buchinsky uses flags, kites and spinners to capture even the smallest whisper of a breeze in a flutter of fabric. Many neighbors dress up their homes with flags, mailbox covers or wind spinners to express their individuality, patriotism, favorite sports team, sense of humor or sense of style.

"I guess my artsy background in photography is what drew me to flags, mailbox covers and kites. The designs are created from original paintings by artists," he explains.

Tom grew up on Long Island, New York. In

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the 1970s, he worked in a camera retail shop and contracted his services as a photographer on the weekends. “There was a big banquet house there, huge place, where people held their weddings and bar mitzvahs,” Tom describes. “The place had eleven banquet rooms, two house rabbis, two kosher kitchens and 18 photographers. On any weekend, there could be eleven weddings or bar mitzvahs going on at the same time. I worked as one of the contracted photographers to cover the events.” He has heard from Long Island customers who come into his store, Serendipity, on Richmond Road, that the banquet house isn’t there anymore. “They knocked it down and put up a Target.”

In 1983, Tom, his wife, Amy, and their son and daughter moved to the Catskills. The home of many hotels and vacation resorts, the Catskills Mountains’ natural beauty and rustic charm host popular destination weddings. Tom opened an event photography business. “I did about 3,000 weddings up in New York. I had four photographers working for me.”

The mountains of New York kept Tom busy, but things soon changed. “The snow and taxes were high,” he says. “The economy tanked. We moved down here. My wife’s parents and family had moved to Powhatan County, Virginia.”

He had plans to open a flag store in 2000. “My wife, Amy, said not to put all the eggs in one basket. We did a gift shop by the old Doll Factory. After about two years, we moved down Richmond Road across from Chili’s. Everyone said we’d get more tourists there. Not really.” When a place opened in the Norge Shoppes, they moved the business.

Tom noticed the popularity of flags in the gift shop. “When the shipments came in, people were rummaging through the cartons and grabbing the flags before we had time to put them out. I was selling more and more flags, so we decided to turn it into a flag and spinners shop. Spinners took off back in 2008. That’s when we opened up our website. Amy is taking care of that.”

Along with the images on the flags, kites and spinners, Tom enjoys the movement of the fabric. Made to be outdoors, flags need

to stand up to the rain, sun and wind. “If you put out money for something that stays outside, make sure it’s quality materials and won’t fade or fray after a few weeks.”

Homes in Williamsburg fly historic and patriotic flags. “Historic flags, like the Betsy Ross and the Bennington, are popular. We sell a lot of American flags to the timeshares and commercial buildings.” Any flag displayed on a porch, flagpole or mailbox is a reflection of that home or business. “Nothing is worse than a low-quality, tattered American flag,” Tom says.

Besides the patriotic spirit of Williamsburg, Tom says the other popular theme for home-based flags is birds. “Any flag with a bird on it is popular. People love birds: cardinals, blue birds, goldfinches, those types of birds.”

Sports-related flags express the homeowners’ enthusiasm for their favorite teams. “We do a huge sports business. We stock all 32 NFL teams. We do some baseball. The big sellers are the Yankees, Red Sox and Orioles. I do a huge hockey business, the Washington Caps, the Ottawa Senators, a lady from Ottawa came in and bought one because she couldn’t find the banner sleeve style there. These things stick in my head,” he says with a laugh. “It’s cool to get the Canadian fans in here buying their hockey teams’ flags. I’m sports oriented. My favorite sport is hockey. I love it more than anything.”

For March, many kids get excited for kites. “What’s really great about kites is it gets the children to go outside and do something physical,” Tom says. “I love seeing children come into the store. It’s a very colorful shop and the excitement in their eyes as they look through the different colors and themes of the kites make me smile.”

Kites aren’t as frustrating with undependable wind speeds as they used to be. “There is an ‘easy-flyer’ kite that doesn’t require running like crazy to get the kite up in the air. It lifts up easier in less wind,” Tom explains.

“There are stunt kites, like what you would find at the beach. I keep plenty of kite string and accessories available. We stock a couple hundred kites. Little boys like dragon kites, something with action on it. Little girls like

fairy kites or little dog or cat kites. It’s cool stuff to see them pick their favorites. At Easter time, a lot of grandparents come in for kites as Easter gifts.”

Tom and Amy pick out kites for their own grandchildren. “My son is a New York Trooper in the Canine Unit. He’s got three boys. My daughter has two boys in northern New Jersey. So, we have five grandsons who love kites.”

Other home items that express individuality of the resident are mailbox covers and door mats. Mailbox covers can match a flag or complement a theme used around the home. Door mats help tie together the look from the street to the front door. Wind spinners twirl in the breeze creating movement and a blaze of color in the garden. “A really popular spinner is the five o’clock parrot for the Jimmy Buffet fans. The rainbow triple spinners and the patriotic triple spinners are favorites.”

With Tom’s years of talking with locals and tourists, he says there isn’t a lot of difference. “People are people all over the place. Either locals or tourist, they buy the same. I’ve always been a people person. That’s what gets me up in the morning. I enjoy the interaction. I love people. You can be from Alaska, Wyoming, Colorado or New York, but people are people. Different ethnic groups, religions, the way our parents instilled hard work or faith. That all comes together in who we are. I’m very religious. We go to St. Bede’s Church or St. Olaf’s. I believe you treat people the way you want to be treated yourself – that’s what it is all about.”

Colorful fabric in the wind makes people happy. Maybe it’s the feeling of freedom or the association with flying, but Tom knows that a flag, patriotic, sports-oriented or whimsical, brings a smile to the faces of his neighbors. “Just watching someone walk into the store with the walls covered with vibrant fabric, I can see the kid in them come out.”

Tom Buchinsky watches the flap of a flag by his front door and the whirl of a wind spinner shaped like a cat on a bicycle, wheels rotating. “It’s movement and color. You might not even feel the breeze, but the fabric catches it with a flutter. It’s an expression of ourselves.” NDN

# Hey Neighbor!

Please visit

[www.WilliamsburgNeighbors.com](http://www.WilliamsburgNeighbors.com),

go to the magazine site and click on

**Hey Neighbor!** for a complete list of current community announcements.

To submit your non-profit event to Hey Neighbor! send a paragraph with your information to:

[heyneighbor@cox.net](mailto:heyneighbor@cox.net)

## Hey Neighbor! INDOOR FLEA MARKET

February 25, 2017

Benefits 11 Social Service Agencies. Visit vendors exhibiting antiques, artwork, furniture, jewelry, glassware, quilts and more. Hours: 7 am – 12 noon. Last Saturday of each month. Historic Triangle Messmer Community Services Center, 312 Waller Mill Road Williamsburg. Free.

## Hey Neighbor! DESTINATION RECREATION EXPO

February 25, 2017

Saturday, 9 am – 12 noon. All ages. Free. James City County Recreation Center, 5301 Longhill Road. Your one-stop-shop for everything James City County Parks and Recreation has to offer! Discover your parks and facilities, learn about various classes and programs offered throughout the year and be one of the first to register for the upcoming summer camps! Informational booths, interactive demonstrations and hands-on activities are just a few great features of this event. We'll keep your children engaged while you gather information about summer camp opportunities, sports, outdoor, aquatic programs, special events, parks and facilities, REC Connect, inclusion/therapeutic programs and activities offered through our affiliate organizations. Raffles and discounts for camps, classes and facilities given on day of event! For more information, visit [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation) or call 757-259-5353.

## Hey Neighbor! FUNDRAISER FOR AVALON

February 25, 2017

William and Mary Law Revue is performing "A Memory, a Monologue, a Rant, and a Prayer" (MMRP) at 7:30 pm in the Commonwealth Auditorium. MMRP is a series of monologues meant to raise awareness about violence against women, and the perfor-

mance is a fundraiser for Avalon, Williamsburg's domestic violence shelter. This year's theme centers on how we as a community can best respond to our friends and neighbors who have experienced violence. Tickets are \$5 pre-sale and \$7 at the door. Tickets can be purchased and donations to Avalon can be made online at <http://tinyurl.com/mmrppress>.

## Hey Neighbor! WILLIAMSBURG BRAIN INJURY SURVIVORS SUPPORT GROUP

March 2, 2017

Brain injury survivors and their families are invited every first Thursday monthly from 3 - 4:30 pm for meetings held at Riverside Doctors' Hospital Williamsburg. Support group members discuss the challenges of living with brain injury and learn from each other. For more information, contact Sara E. Lewis, Support Group Coordinator/Facilitator, at 757-784-0344 or [slewis@cox.net](mailto:slewis@cox.net).

## Hey Neighbor! COVENANT CHRISTIAN SCHOOL OPEN HOUSE

March 2, 2017

Covenant Christian School invites you to join us at our Open House at 8 am. Address: 201 Pennington Road, Williamsburg. Guests will have the opportunity to attend chapel, meet current students and faculty, explore our Charlotte Mason-inspired philosophy, and more. Covenant's comprehensive educational program serves students in kindergarten through 12th grade and is unlike any other in the area. Don't miss this opportunity to learn more about how we can partner with your family!

## Hey Neighbor! DIVORCECARE SUPPORT GROUP

March 6, 2017

You don't have to go through it alone. Most people will tell you that separa-

tion and divorce are the most painful and stressful experiences they've ever faced. DivorceCare groups meet to help you face these challenges and move toward rebuilding your life. Each session has two distinct elements: (1) A Seminar with Experts: during the first 30–40 minutes of the meeting, each DivorceCare group watches a video seminar featuring top experts on divorce and recovery subjects. (2) A Support Group with Focus: after viewing the video, DivorceCare group participants spend time as a support group, discussing what was presented in that week's video seminar and what is going on in the lives of group members. Join us on Mondays beginning on March 6th at 6:30 pm at King of Glory Lutheran Church, 4897 Longhill Road.

## Hey Neighbor! BEYOUTIFUL WOMEN'S CON- FERENCE

March 10-11, 2017

The third annual BeYOUtiful Women's Conference will take place at CrossWalk Church, 7575 Richmond Road, Norge. This spectacular weekend inspires and empowers women with creative production, captivating worship, dynamic teaching, delightful surprises, and a welcoming atmosphere. Join this gathering of hundreds of women and hear from guest speaker, Marilyn Skinner, founder of Watoto Ministries in Kampala, Uganda. Drawing from her deep and tested faith, Marilyn is passionate about encouraging women all around the world to stand up against inhumane practices such as human trafficking, child soldiers, HIV/AIDS stigmatization, and all forms of injustice. Every woman is invited! To purchase tickets, visit [www.beyoutifulconference.com](http://www.beyoutifulconference.com) or call the office of CrossWalk Church at 757-258-2825.

## Hey Neighbor! FREE BOATING SAFETY

## COURSE

March 11, 2017

The US Coast Guard Auxiliary, Williamsburg Flotilla 67, is offering the Virginia Boating Safety Education Classroom Course. The class is free and, when you pass the final exam, then you are certified to operate a motorboat (including PWCs/ Jet Ski). State law requires that all operators of PWCs (personal watercraft such as jet skis, Sea Doo's, and Wave Runners) and operators of motorboats with a motor of 10 horsepower or greater will be required to have a boating safety education course completion card on board when operating a PWC or motorboat. Sign up now to be ready for the 2017 boating season! Our next class will be from 9 am – 5 pm at Berkley Green Club House, 3051 Berkley Green, Williamsburg. Attendance is limited; you can register at <https://www.register-ed.com/events/view/96578> or email at: [pe@flotilla67.us](mailto:pe@flotilla67.us) Please make sure to bring a bag lunch as there are no local restaurant facilities.

## Hey Neighbor! ANNUAL GRANTS-IN-AID AUDITIONS

March 11, 2017

The Williamsburg Music Club is holding its annual Grants-in-Aid Auditions in Ewell Hall at the College of William & Mary. Forty-seven applicants have been approved for performing for cash rewards. Two levels of students will each perform two selections in competition before three highly qualified judges. The public is invited to observe. For detailed information, please see the club's website: [www.williamsburgmusicclub.org](http://www.williamsburgmusicclub.org).

## Hey Neighbor! WALK & TALK: NEW ARCHAEOLOGY DISCOVERIES AT NEW QUARTER PARK

March 11, 2017

From 10 am - noon, Dave Brown,

Fairfield Foundation archaeologist, leads us to the site of new archaeology discoveries that have renewed interest in research and documentation of the site's early inhabitants. Last year, we uncovered fine ceramics, glass, personal artifacts and the foundation of a Queens Creek manor house. So maybe New Quarter wasn't part of Burwell's new slave quarter after all! Find out how new history is being made by piecing together the details. New Quarter Park is located at 1000 Lakeshead Drive near the Queen's Lake community.

**Hey Neighbor!**  
**BIRD WALKS**

March 11 & 25, 2017

Join members of the Williamsburg Bird Club at New Quarter Park from 8 - 10 am on March 11 and 7 - 9 am on March 25. Walk down to Queens Creek, through woodlands, and across meadows to identify water birds, eagles, and a variety of songbirds. Guests and new birders can borrow binoculars and bird guides from the park office. New Quarter Park is located at 1000 Lakeshead Drive near the Queen's Lake community.

**Hey Neighbor!**  
**ECHOES OF AN ENGLISH COTTAGE GARDEN**

March 14, 2017

From 1-3 pm at our Saviour Lutheran Church, 7479 Richmond Rd., in Norge. The Colonial Triangle Unit of the Herb Society will feature a presentation "Echoes of an English Country Garden" by Sandra Helsel, local prize-winning gardener. Ms. Helsel will share the path she took in creating her garden and the ever-challenging use of herbs in the design. This garden has been featured in national publications, local garden tours and the Colonial Williamsburg Garden Symposium. Meeting is open to the public and free of charge. For more information, contact Kathy Tabor at 757-345-6354.

**Hey Neighbor!**  
**JCC DEMOCRATS REGULAR MEETING**

March 16, 2017

James City County Democrats will meet at 7 pm at the Messmer Community Services Center, 312 Waller Mill Road. Please note that this is a new meeting location. This will be a joint meeting with the Williamsburg and York/Poquoson Democrats. Senator Monty Mason and Delegate Mike Mullin will brief us on the outcome of the 2017 General Assembly Session.

**Hey Neighbor!**  
**CLIMATE CHANGE AND PLANTS**

March 16, 2017

Room A of the James City County Recreation Center at 5301 Longhill Road, 6:45 pm. At the next meeting of the John Clayton Chapter, Virginia Native Plant Society, Coastal Ecologist Molly Mitchell will talk about the effects of climate change on plant communities along Chesapeake Bay shorelines. Her research at the Virginia Institute of Marine Science examines the impact of sea level rise on marshes and wetland communities. For information, contact Donna Ware, 757-565-0657. The meeting is free and open to the public.

**Hey Neighbor!**  
**CHILDREN'S CONSIGNMENT SALE**

March 17-18, 2017

The Spring King of Glory Consignment sale will be held at the church, 4987 Longhill Rd., Williamsburg. The sale is a volunteer-run, non-profit sale supporting community organizations and neighbors in need. Email [ccs@kogva.org](mailto:ccs@kogva.org) by February 17, 2017 to register. We sell new and gently used seasonal clothing for expectant parents and growing children (newborn to teen), maternity clothing, costumes and dress up, nursery and children's furniture, room accessories, baby equipment, strollers, high chairs, pack N plays, toys, books, videos, puzzles, games and bikes. Prom and Formal wear available for sale from our partner organization, Gowns for Hounds. For more info: <http://childrensconsignmentsale.weebly.com/>.

**Hey Neighbor!**  
**ATTRACTING BIRDS WITH WATER**

March 18, 2017

Freedom Park interpretive Center, 10 am, open to the public. Award-winning Nature Photographer Bob Schamerhorn will show us how to bring numerous species of birds to our yards by adding a water feature. The program will include informative stories from thousands of hours of observation, displayed with award-winning photography, supplemented with bird songs, and HD video clips. Come see how a little water can greatly improve both your garden and your enjoyment of nature, right in your own backyard. The program is free, although a \$5.00 donation to help the Garden grow is appreciated. For more information, contact Bob by email at [bob@iPhoto-Birds.com](mailto:bob@iPhoto-Birds.com). After the program, Master Gardeners will be in the Garden to answer questions and talk about what is in bloom.

**Hey Neighbor!**  
**MILITARY THRU THE AGES, JAMESTOWN SETTLEMENT**

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## Weddings & Private Events

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March 18-19, 2017

Re-enactors and modern-day units show how uniforms, weapons and military tactics evolved through the centuries. The weekend features artillery firings, a Saturday children's parade and a Sunday military pass-in-review. This year's event highlights the centennial of America's entry into World War I. For information, call 888-593-4682 toll-free or 757-253-4838, or visit [www.historyisfun.org](http://www.historyisfun.org).

### Hey Neighbor!

#### BOWL FOR KIDS' SAKE 2017

March 25, 2017

This year Big Brothers Big Sisters of the Greater Virginia Peninsula will be hosting one bowl for all of Hampton Roads at AMF York Lanes, 4200 George Washington Memorial Hwy, Grafton, VA 23692. This event will help raise money and awareness for the mentoring needs in our community. By meeting the \$50 individual fundraising goal, you are helping Big Brothers Big Sisters match more children with safe and effective mentors.

### Hey Neighbor!

#### WILLIAMSBURG LANDING'S SERVICE TO SENIORS AWARD

March 20, 2017

Williamsburg Landing proudly announces the "Outstanding Service to Seniors Award" in honor of Older Americans Month celebrated each May. This annual community award will be given to an individual or organization that excels at service to seniors in Greater Williamsburg. Key factors in the selection of a winner include a nominee's accomplishments and impact on the community. The Nomination Form and additional information can be found at [WilliamsburgLanding.com](http://WilliamsburgLanding.com) or by contacting Kathy Kammer at [kkammer@WilliamsburgLanding.com](mailto:kkammer@WilliamsburgLanding.com). Nominations must be received by March 20, 2017.

### Hey Neighbor!

#### GRAND OPENING OF AMERICAN REVOLUTION MUSEUM AT YORKTOWN

March 23-April 4, 2017

Celebrate the opening of the American Revolution Museum at Yorktown, featuring an introductory film, timeline, immersive exhibition galleries and living-history experiences that show the epic scale of the Revolution and the richness and complexity of the country's Revolutionary heritage. Over the course of the 13-day celebration, each day will highlight one of America's 13 original states as they ratified the Constitution, with a dedication ceremony on April 1. Admission to the American Revolution Museum at Yorktown is \$12 for adults and \$7 for ages 6-12. Children under 6 are

free. Museum hours are 9 am - 5 pm daily. The American Revolution Museum at Yorktown is located on Route 1020 in Yorktown, near Yorktown Battlefield. For information, call 888-593-4682 toll-free or 757-253-4838, or visit [www.historyisfun.org](http://www.historyisfun.org).

### Hey Neighbor!

#### THE WILLIAMSBURG SYMPHONY ORCHESTRA PRESENTS ECLECTIC MIX

March 24, 2017

Williamsburg Library Theatre, 424 W. Duke of Gloucester St., 7:30 p.m. As part of the Williamsburg Regional Library's Dewey Decibel concert series, a 22-piece ensemble of the Orchestra will present works by Stravinsky, Bach and Dvořák. Conducted by Music Director Janna Hymes. Tickets: \$18, call 757-259-4070. Janna Hymes conducts. For tickets call 757-229-9857.

### Hey Neighbor!

#### "HARLEM NIGHTS II" FUNDRAISER

March 25, 2017

The Williamsburg Alumnae Chapter of Delta Sigma Theta Sorority, Inc. is holding an annual fundraiser at 6 pm, at the DoubleTree by Hilton in Williamsburg. "Harlem Nights II", this year's event title, is themed after the Harlem Renaissance with a supper club/dinner atmosphere. The evening will be reminiscent of legendary greats such as Duke Ellington, Cab Calloway, Louie Armstrong, Count Basie, Lena Horne and Billie Holiday. RaJazz, a local R&B and Smooth Jazz band, is the featured entertainer. Tickets are \$65.00 per person. To purchase tickets visit: [www.williamsburgdst.org](http://www.williamsburgdst.org). Portions of the proceeds will help to fund college scholarships to deserving high school students and provide community outreach to residents living in Williamsburg, James City County, York, Gloucester and Mathews Counties. Delta Sigma Theta Sorority, Inc. is a private, not-for-profit organization whose purpose is to provide assistance and support through established programs in local communities throughout the world.

### Hey Neighbor!

#### CELEBRATING ART THROUGH THE AGES WEEKEND

March 25-26, 2017

The first annual Williamsburg Montessori School Art Gala Weekend: Celebrating Art Through the Ages will consist of the following two exciting events: (1) Art Gala Opening: A Night at the Muscarelle held at the W&M Muscarelle Museum on March 25 from 6:30-9 pm. Guests will have access to current exhibits, including the unprecedented Botticelli and the Search for the Divine. (2) Artwork by

students and local artists will be raffled off at the event. Food and beverages served. Tickets are \$70. Williamsburg Montessori Student Art Show held at the Williamsburg Community Building on March 26 from 1 - 3:30 pm. This family event will feature artwork by students plus family friendly activities. Tickets are \$25. All proceeds benefit the Williamsburg Montessori School. Please call 757-565-0977 to purchase tickets or for more information.

### Hey Neighbor!

#### PIANO MASTERCLASS WITH ALESSIO BAX

March 28, 2017

Presented by Williamsburg Symphony. Kimball Theatre, 428 W Duke of Gloucester St., 7:15 p.m. Four students will be selected to perform for Mr. Bax. Student applications are now being accepted. This event is free and open to the public. Deadline to apply: February 28, 2017. For information, visit [www.williamsburgsymphony.org](http://www.williamsburgsymphony.org) or call the office at 757-229-9857.

### Hey Neighbor!

#### THE WILLIAMSBURG SYMPHONY ORCHESTRA PRESENTS PIANO VIRTUOSO

March 29 - 30, 2017

Kimball Theatre, 424 W. Duke of Gloucester St. at 8 pm. The Williamsburg Symphony Orchestra's 33rd season continues with its third Masterworks concert, Piano Virtuoso, featuring guest musician Alessio Bax. Following works by Ravel and Clementi, Bax will perform Beethoven's Piano Concerto no. 5 in E-flat major, op. 73, "Emperor."

### Hey Neighbor!

#### BIKES OUT OF HIBERNATION

April 1, 2017

Join Williamsburg Area Bicyclists (WAB) along with James City County Parks and Recreation for this free event at Chickahominy Riverfront Park from 9 am - 2 pm. Mechanics from four local bike shops will offer free safety inspections of bikes including pumping up tires, checking chains, brakes/shifting, and minor adjustments. Departing on the hour, every hour, from 10 am-1 pm, experienced Ride Leaders from WAB will guide riders along the Virginia Capital Trail. These rides will vary in distances between 2 - 15 miles to please all abilities. Participants are required to wear helmets. Please email [information@wabonline.org](mailto:information@wabonline.org) with any questions.

### Hey Neighbor!

#### WILLIAMSBURG SYMPHONY ORCHESTRA LEAGUE CONCERT AND FUNDRAISER

April 1, 2017

"A BROADWAY BASH!" Governors Land. Tiffany Haas of Broadway 'Wicked' fame will bring her spotlight performance to the Williamsburg Symphony Orchestra League's spring dinner concert fundraiser—a performance certain to become the highlight of the spring in Williamsburg. After the performance and an elegant 3 course elegant dinner, the evening will conclude with a 50/50 raffle drawing, live auction and paddle raise. Funds raised will benefit the Symphony's primary purpose of providing Williamsburg area children access to musical education beyond the classroom, as well as the excellent orchestral musical performances that enhance our community's quality of life. Tickets are \$110/person. Raffle tickets are \$5 each or 5 for \$20. Reservations required by March 24, 2017. For reservations contact Marie Knuettel [atmarieknuettel@gmail.com](mailto:atmarieknuettel@gmail.com) or 757-259-2313. Sponsorships are also available at levels from \$250 to \$1,000. Details also available at <http://www.williamsbugsymphony.org/support/League/#specialevents>

### Hey Neighbor!

#### THE BEST PERENNIALS FOR TIDEWATER

April 15, 2017

Freedom Park Interpretive Center, 10am, open to the public. Les Parks, Curator of Herbaceous Plants at the Norfolk Botanical Garden, will share information on growing the best perennials for our area. The program is free, although a \$5 donation to help the Garden grow is appreciated. For more information, contact Les by email at [les.parks@nbg.org](mailto:les.parks@nbg.org). After the program, Master Gardeners will be in the Garden to answer questions and talk about what is in bloom.

### Hey Neighbor!

#### BREAST BALL GOLF TOURNAMENT

April 21, 2017

With 340+ golfers and volunteers, this tournament occupies all 3 courses and promises to be not just a great day of golf but also a fabulous time for a great cause. Enjoy golf, a dinner buffet, desserts, beer, live auction, and after-party. Trophies awarded to 1st and 2nd place teams on three flights and a special prize for the best all-female team. To signup, sponsor or find out more go to [www.breastball-golf.com](http://www.breastball-golf.com), or call 757-645-2649, ext 6. Tournament contests and activities include Longest Drive, Closest to the Pin, and Beat the Pro. The festivities begin at 11 am with our first beer station open and bloody Marys for sale from our friend the 'Crusty Clam'. We will start at 1 pm sharp with an opening ceremony, tournament dedication,



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opening drive, and then hit the links at beautiful Ford's Colony. The tournament after party is always a hit with over 100 prizes to win or bid on and a delicious dinner. Volunteers and non-golfers are welcome to attend that as well with a non-golfer dinner ticket for \$30. All questions can be directed to Vicki Vawter at 757-645-2649, ext 6.

**Hey Neighbor!**  
**SPRING PLANT SALE**

April 22, 2017

In the Williamsburg Botanical Garden at Freedom Park from 8 am – 2 pm, open to the public. Rain or Shine! Many wonderful butterfly-friendly perennials and shrubs, deer resistant plants, native perennials and shrubs, evergreen ferns and so much more. You won't want to miss it. Come early for the best selection. Cash, check or credit card accepted. All proceeds benefit the Williamsburg Botanical Garden

**Hey Neighbor!**  
**ANNUAL PLANT SALE**

April 29, 2017

The Virginia Cooperative Extension James City County/Williamsburg Master Gardeners are busy planning their annual Plant Sale to be held at the Historic Triangle Community Center, Waller Mill Road, from 9 am - 3 pm. This year we will feature Extension Master Gardener members giving lectures on landscaping, pruning, grow boxes and more. Master Gardeners from the Extension Help Desk will be available to answer gardening questions. There will be a large assortment of annuals, perennials, herbs and vegetables for purchase. All proceeds raised help support over 15 Extension Master Gardener projects throughout the James City County and City of Williamsburg communities.

**Hey Neighbor!**  
**THE MOVEMENT DANCE COMPANY PRESENTS "MENTAL"**

April 29, 2017

At 7:30 pm at Kimball Theatre. Opening performance by Christian Grech. Tickets are \$10 for adults, free for students and are available through the Kimball Theatre box office. Institute for Dance, Inc. is a 501(c)(3) non-profit organization. For more information, visit [www.institutefordance.org](http://www.institutefordance.org) or call (757) 229-1717. This production is recommended for audience members age 13 and above.

**Hey Neighbor!**  
**WOMEN'S WELLNESS WEEKEND**

May 5-7, 2017

Enjoy wellness workshops led by professional speakers in their respective fields. Explore classic camp activities such as archery, crafts or canoeing and kayaking. Join us for an active busy weekend or just come to relax and enjoy the beautiful sunsets on the James River. Workshop Topics and Activities May Include: Fitness and Yoga Classes, Nutrition Workshops, Jewelry Making, Crafts, Zumba, Basket Weaving, Cooking, Horseback Riding, Canoeing, Kayaking, Reiki, Fishing, Tai-Chi, Stress Management, Archery, Campfires, Manicures and Pedicures, Massage, Personal Finance, Aromatherapy, Work Life Balance, Reflexology, Naturopathy, Sailing, Drumming Circle plus much more!

**Hey Neighbor!**  
**GOSPEL SING**

May 20, 2017

We are the Buffalo Boyz MC.1 of Williamsburg. We are hosting a gospel in the park from 10 am – 7 pm. Rain date May 27. Location is Grove community playground, 111 Grove Heights Avenue, Williamsburg 23185. Entertainment. Food and fun. Tickets \$5 for adults, \$2 for children (12 years old and under). Register to express your talents in singing, dance, poetry, storytelling, etc. Contact: C. Johnson 757-570-4049 or T. Lee 757-291-5911. Vendors welcome for fee.

**Hey Neighbor!**

**NINE WOMEN, NINE MONTHS ART DISPLAY**

Ongoing

Sentara Williamsburg Regional Medical Center is showcasing Nine Women, Nine Months – a new art display that features paintings by nine local female artists. The paintings represent topics of the female life journey, such as caregiving, perseverance, and devotion. The artists hope that the works translate and speak to patients in the hospital that may be experiencing health adversity to help them in their emotional recovery and wellbeing. The display is open to the public and the hospital invites all of our community members to visit the installation at 100 Sentara Circle, Williamsburg.

**Hey Neighbor!**  
**FREE TAX PREPARATION**

Ongoing

The Greater Williamsburg Volunteer Income Tax Assistance (VITA) Team will provide free tax preparation and electronic filing services through April 15. IRS certified volunteer tax preparers are trained to prepare all ordinary returns, and will do so without charge to the taxpayer. For questions about VITA, call 220-7029 Option 3 or email [VITAwbg@cox.net](mailto:VITAwbg@cox.net). Bring drivers' license, W-2s/1099s, receipts for deductions, bank account information, and healthcare insurance information. NOTE: We have new tax preparation software this year. Prior year information will not be available and you must bring your 2015 federal tax return and Social Security cards for taxpayers and all dependents.

**Hey Neighbor!**  
**WILLIAMSBURG FARMER'S MARKET**

Saturdays in March, 2017

Enjoy the heart of Williamsburg in Merchants Square 8 am – 12 noon while shopping in this producer-only market for early spring produce, prepared food, fish, artisan cheeses, meats, pasta, cut flowers, and handmade soaps. The market includes live

music and exhibits along with local shops and restaurants. The market now accepts SNAP/EBT, credit cards and W&M Express. For information: 757-259-3768, [www.williamsburgfarmersmarket.com](http://www.williamsburgfarmersmarket.com). Live music from 9 – 11 am. March 4 - TRSax. March 11 - Scott Varney. March 18 - Me and Martha. March 25 - David Gusman.

**Hey Neighbor!**  
**4-H SUMMER CAMP REGISTRATION**

Ongoing

4-H Junior Camp for residents of York County and Poquoson is scheduled for July 31-August 4, 2017. For more information regarding the York/Poquoson 4-H Camp, visit [www.yorkcounty.gov/vce](http://www.yorkcounty.gov/vce). 4-H Junior Camp for residents of James City County is scheduled for July 3-7, 2017. For more information regarding the James City County 4-H camp visit: [www.offices.ext.vt.edu/james-city](http://www.offices.ext.vt.edu/james-city). Days are filled with camp classes (archery, kayaking, challenge course, arts and crafts, videography, etc.), unstructured recreation and swim time, flag ceremonies, evening programs, and campfires. Registration for both camps will take place online only. Camper registration fee for both camps is \$285.00. Financial assistance is available for youth with financial need. For questions, please call 757-890-4940 (York County/Poquoson residents) or 757-564-2170 (James City County residents). 10

**Hey Neighbor!**  
**CELEBRATE RECOVERY**

Ongoing

A Christ-centered, confidential recovery group for anyone who has trouble dealing with life's hurts, habits, or hang-ups. We meet on Tuesday evenings at 6 for dinner. Our meeting starts at 7. Williamsburg Community Chapel – 3899 John Tyler Highway, Williamsburg. For more information please call Steve Flanary 757-903-8683 or Patti Flanary 757-903-8681.

*Expect* **Personal Service**

"I look forward with helping you buy or sell your home. Call me for the personal service you deserve." ~Carol Jackson



Cell: 757-897-5506 | 5234-110 Monticello Ave., Williamsburg  
Office: 757-229-4400 | [caroljackson@longandfoster.com](http://caroljackson@longandfoster.com)



**MAD about Chocolate!**

Celebrate Spring with **MAD about Chocolate!**  
cookies ~ brownies  
truffles & desserts

204 Armistead Ave.  
Williamsburg VA

Open 10 am - 6 pm  
Tuesday - Saturday  
Sunday 11 am - 6 pm

Plenty of free parking!

Buy any three MAD cookies and get one FREE!

Offer good through 3/31/17

# Williamsburg's IN THE NEIGHBORHOOD photo challenge

## Running Shoes at Colonial Sports

Find the 12 differences  
between the original  
photograph (top) and  
the altered photograph  
(bottom).

Enjoy!



ADVANCED LEVEL

Look for the answers  
in the next issue of  
Next Door Neighbors

February 2017  
In the Neighborhood  
Photo Challenge





Real Estate. Reinvented.®

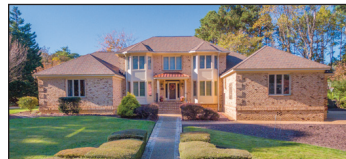
# WE ARE YOUR WINNERS IN LOCAL REAL ESTATE!



Two spacious MBR suites - first & second floors.  
Freshly painted interior, New carpet, HW floors refinished.  
New appliances, granite in Kitchen and MBA, New HVAC.  
Screened porch and deck overlooking 7th hole of River Course.  
\$524,900.



**3620 SOUTH SQUARE**  
Beautiful Brighton floor plan - 2,740 sqft, 2 BR, 2 BA and study with built-ins. Sitting room in MBR. Finished basement with half BA and walk-up attic. 3 season room with attached deck overlooking conservation. Offered at \$450,000 in The Settlement at Powhatan Creek.



**1105 HELMSLEY ROAD**  
*Yorkshire • \$825,000*  
5 BR, 3.5 BA, 5,038 sqft.  
Perfect home for entertaining!  
Absolutely exceptional all brick home in the City of Williamsburg.  
Amazing outdoor living space.  
Check it out for yourself.  
Go to: <http://1105helmsleyrd.info>



**139 ELIZABETH HARRISON**  
\$445K Pristine! 3670 sqft! 4 BRs plus bonus room, PLUS office! FR, LR, DR, kitchen, breakfast room, & office create a fabulous/1st floor layout. HW flooring & tile in main living spaces. Huge kitchen w/ BRAND NEW GRANITE countertops and copious cabinetry & work space. Lg laundry room fits a 2nd frig easily. Oversized bonus room w/ walk in storage. BRs all with BA access. Master BA shower recently replaced. Brand new upstairs HVAC. Large rear deck, backs to woods for privacy.



**170 Lakewood Dr.**  
**SETTLERS MILL • \$424,900**  
Recently updated custom home. Spacious family room with beautiful fireplace. Gorgeous kitchen boasts granite and quartz counters, GE Profile stainless appliances and tile back splash. Vaulted first floor master bedroom and en suite bath with dual sinks, jetted tub, separate shower and stunning tile work.



Light and Bright corner unit with sunroom.  
One floor living w/kitchen & adjacent dining area.  
LR with gas FP. Master BR with walk in closet.  
All Interior Walls/ Closets Freshly Painted.  
New carpeting throughout & new vinyl in kit. & foyer.  
Custom Plantation Shutters in all rooms.  
One Year Home Warranty provided by Seller for Buyer.  
<http://www.lizmoore.com/395fairwaylookout>



**Ford's Colony**  
5 BEDROOM | 3.5 BATH | 3,529 SQ FT  
Gorgeous golf views in every direction  
Great Room and Sun Room with double sided fireplace | Expansive Master Suite with sitting area, porch and renovated bath with walk-in closet | Hardwood floors throughout first floor  
Renovated Southern "low Country" home | \$629,000



**LANDFALL AT JAMESTOWN**  
**Reduced! Now \$610,000!**  
Move in ready! 3,886. sqft. Master down, 5 BRs, beautiful sunroom, updated kitchen, whole house generator, high efficiency furnace, Fresh paint, Rennai, on demand hot water heater. 1 Mile from Historic Jamestown. 5 miles to CW. Too many upgrades to list. Call for details: [www.williamsburgrealestatenow.com/property/1626009/](http://www.williamsburgrealestatenow.com/property/1626009/)

